

## [ BREAKFAST BUFFET ]

### AMERICAN BREAKFAST BUFFET

enjoy our full selection of fruits, cereals, yogurts, and fresh baked breads, hot items and made-to-order eggs and omelets, juices, coffee or tea

### CONTINENTAL BREAKFAST BUFFET

enjoy our full selection of fruits, cereals, yogurts, and fresh baked breads, juices, coffee or tea

## [ GRAINS, FRUITS, STARTERS ]

### ❖APPLE KALE SMOOTHIE

almond milk, celery, lemon juice, flax seeds, yogurt

### ❖SEASONAL FRUIT

honey yogurt dip, banana bread

### ❖ANCIENT GRAINS OATMEAL (GF)

organic millet, job's tears, sorghum, steel cut oats, quinoa, blueberry - apple compote, citrus maple syrup, Greek yogurt

### ❖CHIA SEEDS, BERRY PARFAIT

Greek yogurt, granola, mint

### DRY CEREAL

granola, Cheerios, Froot Loops, Frosted Flakes, Frosted Mini-Wheats, Raisin Bran, Special K or All-Bran with strawberries and bananas

### BAKERY BASKET

butter croissant, today's muffin, banana bread, whipped butter, fruit preserves

### LOX AND BAGEL

sliced smoked salmon, toasted bagel, sliced tomato, onions, capers and cream cheese

## [ MAIN PLATES ]

### EGGS YOUR WAY\*

two farm fresh eggs, choice of applewood smoked bacon, ham, turkey or pork sausage, Red Bliss potatoes, toast

### BREAKFAST SKILLET

fried egg, potato, chorizo, onion, tomato, peppers, broccoli, cheese

### CREATE AN OMELET

roasted peppers, spinach, asparagus, mushrooms, melted onions, oven-fired tomatoes, sharp cheddar, Gruyère, goat cheese, ham or sausage, Red Bliss potatoes, toast

❖ **For a healthier option, substitute whole eggs for eggs whites or egg beaters**

### VEGETABLE FRITTATA

egg whites or free range eggs with grilled onions, peppers, asparagus, oven-dried tomatoes, fine herbs, goat cheese, green tomatillo salsa with Red Bliss potatoes, toast

### BUTTERMILK PANCAKES, FRENCH TOASTS OR BELGIAN WAFFLES

butter and maple syrup

### EGGS BENEDICT

Canadian bacon, English muffin, hollandaise, asparagus

### OATMEAL PANCAKES

honey butter, banana pistachio salad

### BREAKFAST SANDWICH

Taylor ham, egg, white American cheese, Kaiser roll, Red Bliss potatoes

### VEGETARIAN BURRITO

eggs, onion, spinach, avocado, cheddar cheese, fresh salsa and green tomatillo salsa, Red Bliss potatoes

### BREAKFAST MAC AND CHEESE

bacon, sausage, sunny-side up egg

## [ SIDES ]

### BREAKFAST MEATS

ham, applewood smoked bacon, turkey or pork sausage

### NEW YORK BAGELS

butter or cream cheese, fruit preserves

### TOAST

country white, multigrain, whole wheat or marble rye, gluten free bread available

❖ *Indicates Healthy Option*

*GF-Gluten Free*

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*

*A gratuity of 18% will be added to groups of 6 or more.*