

## WE'RE INTRODUCING A NEW MENU AND CHANGING THE WAY BREAKFAST IS DELIVERED.

A knock on the door will let you know your breakfast has arrived – thoughtfully packaged and delivered in a disposable kraft bag. When you're done, simply throw everything away.

DIAL 54 TO PLACE ORDER. SERVICE 6:00 AM-11:00AM

### light bites

<b>seasonal fruit</b> , fat free greek yogurt, granola	9.00
<b>steel cut oats</b> , brown sugar, seasonal berries	7.00
<b>cereal choice</b> , Cheerios, Special K, Shredded Wheat, or Frosted Flakes with a banana and 2% milk	6.00
<b>bread choice</b> , multi-grain toast, freshly baked croissant, toasted bagel, fruit muffin, or seasonal breakfast bread	5.00

### breakfast sandwiches + wraps

*all served with a side of fresh fruit*

<b>southwestern scramble</b> , eggs, spicy beef, peppers, onions, griddled potatoes, jack cheese in a flour tortilla with salsa	13.00
<b>egg white wrap</b> , baby spinach, farmer cheese, diced tomatoes, sweet onions in a wheat tortilla with salsa	12.00
<b>bacon + cheddar sandwich</b> , smoked bacon, grilled ham, sharp cheddar, tomatoes on an artisan roll	12.00
<b>turkey + swiss bagel</b> , scrambled eggs, smoked turkey, crimini mushrooms, diced scallions, swiss cheese	13.00

### for kids (12 & under)

*all served with a side of fresh fruit*

<b>morning tacos</b> , scrambled eggs, potatoes, cheddar cheese	8.00
<b>breakfast quesadilla</b> , egg, bacon, cheese	9.00
<b>peanut butter + banana</b> on raisin bread with local honey	8.00

### to drink

cup of regular or decaffeinated coffee	3.00
cup of earl grey, green or chamomile hot tea	3.00
bottle of orange, apple or cranberry juice	4.00
2%, skim, or chocolate milk	2.95
bottle of San Pellegrino or Acqua Panna	5.00
Coke, Diet Coke, Sprite	3.50

### from the bar

Budweiser, Bud Light, Coors Light, Michelob Ultra, Miller Lite	6.00
Woodbridge, chardonnay, cabernet sauvignon, 187 ml bottles	6.00
CK Mondavi chardonnay CK Mondavi cabernet, 375 ml bottles	18.00
Prosecco, Mionetto, Italy, 187ml bottle	11.00
Prosecco, Mionetto, Italy, 375 ml bottle	32.00

## WE'RE INTRODUCING A NEW MENU AND CHANGING THE WAY YOUR MEAL IS DELIVERED.

A knock on the door will let you know your meal has arrived – thoughtfully packaged and delivered in a disposable kraft bag. When you're done, simply throw everything away.

DIAL 54 TO PLACE ORDER. SERVICE 11:00 AM-11:00PM

### light bites

<b>spinach artichoke dip</b> , fresh carrots, celery, broccoli	7.00
<b>hummus duo</b> , garlic hummus, jalapeno hummus, pita bread	7.00
<b>antipasto</b> , summer sausage, thinly-sliced prosciutto, creamy brie, farmer cheese, crackers, grain mustard	14.00
<b>chicken flauta</b> , fajita chicken, jack cheese, guacamole rolled in a griddled whole wheat tortilla. ranch on the side	8.00
<b>boneless wings</b> , mild garlic parmesan or hot buffalo style	10.00
<b>tortilla soup</b> , cheese and avocado garnish	8.00
<b>soup of the day</b> , ask what the chef has prepared	6.00

### fresh salads

<b>harvest salad</b> , field greens, grilled chicken, candied pecans, dried cranberries, farmer cheese. honey mustard on the side	12.00
<b>crab cake salad</b> , mixed greens, avocado, crab cakes drizzled with sweet chili sauce	13.00
<b>beet salad</b> , fresh greens, roasted red and gold beets. grilled chicken, crumbled feta. ranch on the side	12.00
<b>soba noodle salad</b> , baby spinach, lemon-soy veggies	11.00
<b>caesar salad. classic or twist. dressing on the side.</b>	12.00
- classic caesar salad with grilled chicken	
- mediterranean twist with portobello, torn pita, kalamatas, feta	

### hearty sandwiches

*all served with choice of small salad, fries or chips*

<b>turkey + brie</b> , baby spinach, cranberry mayo on ciabatta roll	11.00
<b>tuna croissant</b> , albacore tuna with sweet relish, bibb lettuce	11.00
<b>caesar steak roll</b> , shaved roast beef, classic caesar wrapped in a flour tortilla	12.00
<b>knife + fork pork</b> , pulled pork, shaved ham, jack cheese, pickles, mustard	11.00
<b>grilled chicken</b> , mozzarella, sundried tomato pesto, spinach on ciabatta roll	12.00
<b>cheddar burger</b> , 8oz angus patty, double cheese, LTOP on the side	11.00

### more to eat

*all served with choice of small salad or soup*

<b>achiote chicken breast</b> , roasted fingerling potatoes, grilled asparagus	23.00
<b>herb seared salmon</b> , sautéed tomatoes and olives, basmati rice	25.00
<b>pasta arrabiata</b> , whole wheat penne, spicy marinara, olives	17.00

### for kids (12 & under)

<b>chicken tenders</b> , with side of mac + cheese	8.00
<b>grilled ham + cheese</b> , with fries	7.00

### something sweet

<b>apple tart</b>	8.00
<b>bananas foster torte</b>	8.00
<b>chocolate bundt cake</b>	7.00
<b>cookies + milk</b>	7.00