









we can't
**wait to
meet
you!**

Your journey to a brighter, fitter you begins here

Joy comes from serenity. Serenity comes from wellbeing. Wellbeing comes from belonging to Tallinn's most unique spa and health club. Welcome to eforea spa at Hilton Tallinn Park. The place where motivation never felt so good.

-  **feel the energy**
Our fully air-conditioned contemporary fitness space will get your blood pumping and heart jumping.
-  **transform yourself**
We have everything you need for your workout, the very latest Technogym equipment, ranging from treadmills and bikes to kinesis station, as well as free-weights.
-  **make a splash**
Keep trim as you swim in our stunning 15m heated indoor pool, then relax on our upholstered loungers, cushions and relaxation spaces.
-  **pure indulgence (that's totally deserved)**
No one deserves to experience one of our unique treatments more than you. Designed for eforea spa Tallinn, they will transport you to a place of utter serenity.
-  **start as you mean to go on**
Feeling at ease is, well, easy in our pre and post-treatment relaxation lounge. Comfy couches let you start your spa journey in the best way possible.
-  **mind, body, soul**
Rest your mind and relax your body in our sauna, steam room or sun-kissed terrace, before being rejuvenated by massage jets in our bubble pool.
-  **better by degrees**
Complete your revitalisation journey with a magical thermal experience, where hot and cold temperatures will stimulate all your senses.
-  **stay on track**
Ready to reach your fitness goal? Here's how we do it. Your Personalised Fitness and Wellbeing Plan helps us get to know all about you, so that we can tell you all about the best ways to achieve success.

enjoy everything

our carefully chosen memberships have to offer...

DAY includes:

- Access to gym, saunas and pool from 07:00 – 16:00
- Towels, bathrobe and spa-slippers for personal use in the club
- Fresh water and healthy snacks at your disposal
- 3 day passes for one-time access to the club
- 10% discount from all retail products
- 15% discount from the treatment menu
- 10% discount from The Able Butcher restaurant
- Free parking 07.00 – 16.00

1140€ 12 months/570€ 6 months

EVENING includes:

- Access to gym, saunas and pool from 16:00 – 22:00
- Towels, bathrobe and spa-slippers for personal use in club
- Fresh water and healthy snacks at your disposal
- 4 day passes for one-time access to the club
- 10% discount from all retail products
- 15% discount from the treatment menu
- 15% discount from The Able Butcher restaurant
- Free parking 16.00 – 22.00

1500€ 12 months/ 750€ 6 months

MAX includes:

- Access to gym, saunas and pool from 07:00 – 22:00
- Towels, bathrobe and spa-slippers for personal use in club
- Fresh water and healthy snacks at your disposal
- 6 day passes for one-time access to the club
- 12 treatments (1 in every month)
- 10% discount from all retail products
- 15% discount from the treatment menu
- 15% discount from The Able Butcher restaurant
- Free parking 07.00 – 22.00

1980€ 12 months/990€ 6 months

you recommend, you benefit (and so do they!)

FRIEND´S CLUB

Want to make someone really like you? Introduce them to eforea spa and, when they join, we'll give you an exclusive gift as a thank you.

when we're open

fitness space

Monday-Sunday, 07:00-22:00

pool and saunas

Monday-Sunday, 07:00-22:00

spa treatments

Monday-Sunday, 09:00-21:00

For holiday opening times, please see our noticeboards or speak to a member of the team

say hello

Ready to say hello to a brighter, fitter you? Get in touch with us today on

+372 630 5430

or come in and see us at...

Fr. R. Kreutzwaldi 23, 10147 Tallinn

or come in and see us at...

Embark on your journey of personal discovery, without leaving Tallinn