



## *Yogurt, Cereals, Fruits, Baked Goods & Meats*

### “NOURISH ME”

#### *Yogurt Parfait \$6*

Fresh made granola, layered with low-fat Greek style yogurt topped with seasonal fresh berries

#### *Oatmeal Brulée \$6*

McCann’s Irish oatmeal topped with caramelized brown sugar and fresh berries

#### *Assorted Cereals with Milk \$5*

Choices include: All Bran Wheat Flakes, Unfrosted Mini Wheats, Low-Fat Granola with Raisins, Cheerios, Rice Krispies, Froot Loops, Special K, Raisin Bran, Frosted Flakes, Cornflakes, and Assorted Kashi Varieties with your choice of Whole, Skim or Soy Milk

#### *Basket of Fresh Bakeries \$8*

One croissant, one muffin and two Danish pastries with your choice of two spreads including honey, sweet butter, strawberry or grape jelly, raspberry fruit preserve and orange marmalade

### A LA CARTE

#### *Fresh Fruit Salad \$9*

Served with cottage cheese

#### *Assorted Yogurt \$2*

Choices include: Dannon Light & Fit (strawberry or peach), Plain Greek

#### *Bagel with Cream Cheese \$3*

#### *Classic Toast \$2*

Choices include: white, wheat, rye, multigrain, or English muffin

#### *Bacon, Ham, Sausage \$3*

#### *Seasonal Berries Selection \$8*

#### *Breakfast Potatoes \$2*

Herb-roasted fingerling potatoes

#### *One Croissant or Two*

#### *Danish Pastries \$3*

#### *Fresh Baked Muffin \$2*

Choices include: carrot raisin, cinnamon apple or cranberry citrus

#### *Corned Beef Hash \$3*

### REFRESHMENTS

#### *Assorted Harney & Sons*

#### *Herbal Teas \$3*

#### *Chilled Juice \$3*

Choices: apple, orange, grapefruit, cranberry, tomato, or V8

#### *Assorted Milk \$2*

Choices: whole, skim, or soy

#### *Fresh Brewed Coffee \$4*

Starbuck’s Regular or Decaffeinated

#### *Cappuccino \$5*

#### *Espresso \$3*

#### *Hot Chocolate \$4*

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness