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WELCOME LETTER

BY BART VAN DE WINKEL
GENERAL MANAGER OF THE HILTON ATHENS

ΗΓΑΠΗΤΟΙ ΦΙΛΟΙ,

Από τη γέννησή του, το 1963, το Hilton Αθηνών ήταν πολλά περισσότερα από ένα ξενοδοχείο: τοπόσημο της πρωτεύουσας, σύμβολο των ευρωπαϊκών μεταρρυθμίσεων του εκμοντερνισμού, της καθαριότητας και του πολυτέλειας, προσόντος καλότατων διακοπές και ευεξίας και φιλοξενίας κατάλυμα για εκατομμύρια επισκέπτες από όλο τον κόσμο.

Καθ’ όλη τη διάρκεια της ιστορίας του, το Hilton Αθηνών δεν έπαψε να εξελίσσεται, να ανανεώνεται, να βελτιώνεται τις υποδομές και τις παροχές προς τους επισκέπτες του. Με ανανεωμένο design, εμπλουτισμένο περιεχόμενο και με κάθε σελίδα του να εκπέμπεται την ενέργεια της πόλης και του ίδιου του ξενοδοχείου, επίθυμουμε να γίνει η χρήσιμη και ευχάριστη συντροφιά σας κατά τη διάρκεια της παραμονής σας στην Αθήνα.

Μαζί θα γνωρίσουμε δημιουργικούς ανθρώπους από την Ελλάδα και το εξωτερικό, θα επισκεφθούμε νέα στέκια που προτείνουν οι ίδιοι οι Αθηναίοι, θα ανακαλύψουμε την πλούσια πολιτιστική της πόλης, θα οργανώσουμε κοντινές ή και πιο μακριές εκδρομές στα υπέροχα τοπωτήρια της Ελλάδας και, φυσικά, θα απολαύσουμε στον μέγιστο βαθμό τις υψηλού επιπέδου υπηρεσίες για τις οποίες φημίζεται το Hilton Athens. Το σίγουρο είναι ότι η πόλη θα μας προσφέρει γενναιόδωρα έμπνευση και υλικό για να τα μοιραζόμαστε μαζί σας.

ΔΕΡ ΦΙΛΟΙ.

Προσκαλώ σας να εξερευνήσετε την πόλη μας, να επισκεφθείτε τα μοναδικά ζευγάρια καφέ και ξενοδοχεία συμπεριλαμβανομένης της Ακρόπολης, να επισκεφθείτε την πλούσια ιστорική και πολιτιστική περιοχή της Ἀθηναίας και να επιθυμήστε να γνωρίσετε τον μέγιστο βαθμό της Ελλάδας ή περιοχής μας, περιοδικά, οπότε θα μας μοιράστε έμπνευση και υλικό για να τα μοιραζόμαστε μαζί σας.

DEAR FRIENDS,

Welcome to the Hilton Athens.

Since it opened in 1963, the Hilton Athens has been so much more than a hotel: a landmark, a symbol of the Greek capital’s modernization and cosmopolitanism, a center of its social and cultural life, a destination offering relaxation and entertainment, and, of course, a haven of luxury for millions of visitors from all over the world.

The Hilton Athens has never stopped evolving, renewing itself and improving its facilities and the services it offers its guests. This magazine is part of this. With a fresh design, richer content and the energy of the city and of the hotel itself reflected on every page, we hope it will serve as a useful guide and a pleasant companion during your stay in Athens.

Together, we will meet creative people from Greece and other countries, visit cafés and bars that have earned the recommendations of Athenians, explore different neighborhoods, experience the city’s rich cultural scene, organize short and longer excursions to wonderful locations and, of course, make the most of the high-quality services for which Hilton Athens is renowned.

There is no doubt that the city of Athens will, issue after issue, provide bountiful inspiration and material for us to share with you.

I wish you a good read and a good stay with us, and hope to welcome you back soon.
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(www.byzantinemuseum.gr)
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A treat for the taste buds in four acts, at the restaurants and bars of Hilton Athens. Anakrauros or γνωστό γλυκό, η εταίρα σας και στο μπαρ του Hilton Athens.

A MOMENT IN TIME

Every piece of jewelry has a story to tell...

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Η θέα από τα δωμάτια προσφέρει ένα ενδεικτικό κάδρο της Αθήνας: αστικά κτίρια, ανακουφιστικές δόσεις πρασινού, ο ιστορικός τομέας της Ακρόπολης, τα συναντήματα του Λυκαβηττού, ο παλμός της Βασιλίσσης Σοφίας.


Η φιλόξενη και ταυτόχρονα πολυτέλεια εμπειρία που προσφέρει το δωμάτιο είναι το πιο εισαχτικό δίκαιο που μπορεί να σε κρατήσει μέσα. Φοράνε το που νοστιμά ρούχα και... μια απολαυστική τρόπος διάθεσης, πάνω από μια αστεία θέα του καναπέ για διπλό κράτημα και αστείες εξομολογήσεις. Την έναση απόλαυση συμπληρώνουν οι επιλογές του room service: μακαρόνι και σοκολάτα, πρασίνου και καφές. Αιφνιδιάζεται από ένα ανάποδο και πρέπει να ανακάλυψε καθαριότητα. Μήπως μένεις εδώ μήνες και δεν το έχεις ξέρει;

By Kelly Stavropoulou - Photos: Tatiana Megevand


#INSTAHILTON

• A visit to the Hiltonia Spa offers many ways to revitalize mind and body. A deep massage with Germaine de Capuccini products is just one of them (the hot stone therapy, which takes away negative energy and fills you with a sense of well-being, is particularly recommended). Your overall experience is guaranteed to be invigorating and deeply relaxing. An indelible highlight is a delightful dip in the heated swimming pool.

• In the elegant and ever-popular Aethrion, right next to the lobby, you’ll see all types of visitors—from people working quietly on their laptops, to Athenian ladies who’ve come to try one of the dishes on the brunch menu. The latter includes delicious pancakes with honey and mastic, French toast with maple syrup and fresh fruit, fried eggs with portobello mushrooms and crispy jamon serrano, and poached eggs served on Thessaloniki sesame bread rings with Naxos graviera cheese. Special tip: try the vitamin-rich, alcohol-free vitamin cocktails, for a generous energy boost.

• Η επίσκεψη στο Hiltonia Spa προσφέρει πολλές επιλογές αναζωογόνησης για το σώμα και το πνεύμα. Μία από αυτές είναι η θεραπεία με ζεστές πέτρες, που απομακρύνει την κακή ενέργεια και σε γεμίζει ευεξία. Έτσι ένας βίντεο πληθυντήριος κοκτέιλ χωρίς αλκοόλ, για ένα γενναίο boost ενέργειας.

THE HILTONIA SPA INDOOR SWIMMING POOL OFFERS, AMONG OTHER THINGS, AN EXCELLENT OPPORTUNITY FOR SOME EXERCISE. ITS STATIONARY UNDERWATER BICYCLE IS BOTH FUN AND EFFECTIVE!

• Η εσωτερική πισίνα του Hiltonia Spa προσφέρει, εκτός των άλλων, μια καλή ευκαιρία δραστηριοποίησης. Το στατικό underwater ποδήλατο είναι διασκεδαστικό και αποτελεσματικό!
At night, from the top floor of the Hilton, you can see the sparkling lights of Athens spread out before you. The name of the Galaxy Bar and Restaurant implies that it will take you to the stars. And it just might... Its cocktails, the very best in town, will definitely help. And with a view like that, it isn’t hard at all to drift away, to be seduced, to escape. To live #anighttoremember.

The Mediterranean dishes, made with choice to the chef’s exacting standards, stand out on the menu of the Galaxy Bar and Restaurant. If you try the mushroom, smoked cheese and black truffle orzo, you might find yourself thinking of it every time you get hungry! The sushi prepared in front of you at the sushi bar is always an excellent option.

On a clear day, plan to start your dinner at the Galaxy Bar and Restaurant as the sun goes down, for a most magical experience.

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On a clear day, plan to start your dinner at the Galaxy Bar and Restaurant as the sun goes down, for a most magical experience.
THE CITY SUMMARIZED

 ATHENS by night, as captured through the lens of photographer Panos Kokkinias from atop Mt Lycabettus, with the Acropolis taking center stage and the Saronic Gulf in the distance marking the boundary of the modern city. This large-scale photograph was featured in an exhibition entitled “Panos Kokkinias: Stock Images,” presented recently in the City Project series organized by the NEON cultural organization. In the words of the artist, “it comprises a visual summary of the city, a map that condenses its main characteristics through perspective.”

Η ΠΟΛΗ ΠΕΡΙΛΗΠΤΙΚΆ

Η Αθήνα τη νύχτα, όπως την απαθανάτισε από την κορυφή του Λυκαβηττού ο φωτογράφος Πάνος Κοκκινιάς, με την Ακρόπολη στο κέντρο και τον κόλπο του Σαρωνικού στο βάθος να οριοθετεί το εύρος της σύγχρονης πόλης. Η φωτογραφία, ένα ταμπλό μεγάλης κλίμακας, άνοιγε την έκθεση «Πάνος Κοκκινιάς: Stock Images», που παρουσιάστηκε πρόσφατα στο πλαίσιο του προγράμματος «Έργο στην Πόλη» του Οργανισμού Πολιτισμού και Ανάπτυξης ΝΕΟΝ. Οπως αναφέρει ο δημιουργός της, «είναι μια οπτική περίληψη της πόλης, ένας χάρτης που συμπυκνώνει προοπτικά τα κύρια χαρακτηριστικά της».
The National Garden holds the distinction of having been the first planned decorative green space in modern Greek history. It has also been officially classified as a historic landmark. Photographer Stratos Kalafatis captures scenes from the garden at night, after all its visitors have gone and nature unwinds in peaceful solitude. His impressive images, with lighting that’s almost otherworldly, grace the book “National Garden: A stroll through learning and yearning, with 20+1 stops along the way,” by Thodoris Gonis and Eleni Stroulia (Agra Publications, 2019, available in Greek). In it, the authors offer their readers an exclusive tour that uses a number of texts written about the garden by poets and politicians, as well as by the garden’s botanists and landscapers.
There’s no doubt that the day in 2021 when the Parthenon metope pictured on the left travels back to its homeland will be an emotionally charged one. After all, it’s been away for almost two and a half centuries; it was removed from the Acropolis in 1788 and ultimately put on permanent display at the Louvre. The work adorned the Parthenon’s southern side along with other friezes which together depict the battle between the Lapiths and the Centaurs (the famous Centauromachy). This metope relates the story of the abduction of a Lapith woman by a Centaur. The Louvre has agreed to lend it for temporary display to the Acropolis Museum, on the occasion of the bicentennial of the Greek Revolution.

Η ΛΑΠΙΘΙΔΑ ΕΠΙΣΤΡΕΦΕΙ

Συγκινητική θα είναι η ημέρα εκείνη του 2021 όταν το εικονιζόμενο τμήμα μετόπης του Παρθενώνα, που αφαιρέθηκε από την Ακρόπολη το 1788 και πλέον εκτίθεται στο Λούβρο, θα επιστρέφει, μετά από σχεδόν δύο αιώνες, στην πατρίδα. Κοσμούσε τη νότια όψη του ναού μαζί με άλλες μετόπες, πολύ προκλητικές και απεικονίζουν τη μάχη των Λαπιθών με τους Κένταυρους, τη γνωστή Κενταυρομαχία, και αποτελεί ένα από τα πιο εντυπωσιακά έργα της αρχαιότητας. Το Λούβρο δέχτηκε να τη δανείσει στο Μουσείο της Ακρόπολης, προκειμένου να εκτεθεί στο Μουσείο της Ακρόπολης, στο πλαίσιο των εορτασμών για τα 200 χρόνια από την Επανάσταση.
“The roles in my choreography don’t have female or male movements, or a gender. What the viewer ‘gets’ has more to do with what they themselves decipher, rather than whether the dancer is a man or a woman.” In his choreography for the ballet “Swan Lake,” Konstantinos Rigos, director of the Greek National Opera (GNO) Ballet, enters into a dialogue with the classic Petipa/Ivanov choreography, but uses an unexpected set as the backdrop: a dried-up lake bearing conspicuous signs of an environmental disaster. Take in the performance at the GNO Stavros Niarchos Hall, at the Stavros Niarchos Foundation Cultural Center, in December.

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ΔΥΣΤΟΠΙΚΟΙ ΚΥΝΟΙ

«Οι ρόλοι στη χορογραφία μου δεν έχουν γυναικεία ή ανδρική κίνηση, δεν έχουν φύλο. Αυτό που εισπράττει ο θεατής έχει να κάνει περισσότερο με το τι αποκωδικοποιεί ο ίδιος παρά με το αν ο χορευτής είναι άνδρας ή γυναίκα.» Ο διευθυντής του Μπαλέτου της Εθνικής Λυρικής Σκηνής, Κωνσταντίνος Ρήγος, στη χορογραφία του για το μπαλέτο Λίμνη των Κύκνων «συναρμόζει» με την κλασική χορογραφία των Πετιπά και Ιβάνοφ με φήμη, ένα αναπαράστατο, όμως, στην ιστορία της Εθνικής Λυρικής Σκηνής, μια πρεμιέρα που για τη μάλιστα Λίμνη των Κύκνων «συναρμόζει» με την κλασική χορογραφία των Πετιπά και Ιβάνοφ με φήμη. Δημιουργήσταν τη στην Αθήνα Σκηνής Νάξου, του Κέντρου Πολιτισμού Πόρπη Νάξου Νάξου του Δικτάριου.

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HERE AND NOW

THE MAGIC FLUTE
The Béjart Ballet delivers the comic and dreamlike scenes of Mozart’s ‘Magic Flute’ through inspired movement.

Τα μπαλέτα Béjart αποδίδουν μέσα από την κίνηση τα κωμικά στιγμιότυπα και τις ονειρικές σκηνές από τον «Μαγικό Αυλό» του Μότσαρτ.

WHAT’S ON?
HIGHLIGHTS FROM THE CITY’S CULTURAL SCENE
Τι τρέχει στην πόλη; Παραστάσεις, εκθέσεις και άλλα εVENT που ξεχωρίζουν.

TALK OF THE TOWN:
NEW ADDITIONS IN THE ATHENIAN MIX
Νέες, συζητημένες αφίξεις εμπλουτίζουν το «χαρμάνι» της αθηναϊκής εμπειρίας.

INSIDER’S PICKS: GIORGOS PAPAGEORGIOU
Ο ηθοποιός, σκηνοθέτης και τραγουδιστής Γιώργος Παπαγεωργίου μοιράζεται αγαπημένες του αθηναϊκές συνήθειες.

KOUKAKI: ART, FOOD AND SHOPPING.
Κουκάκι: τέχνη, ψώνια και φαγητό σε μία από τις πιο ζωντανές συνοικίες της πόλης.
Comprising 60 carefully selected masterpieces from the new temporary exhibition at the Theoccharis Foundation, this exhibition explores approaches to the human form taken by pioneers such as Konstantinos Parthenis and by different 20th-century schools of art, including Expressionism, the 'Thirties Generation and post-war movements.

- "Weavings: Painting and Tapestry in Greece from 2500 to the Present," Benaki Museum–Mediterranean Classics, 138 Pireos, 106 71 (Metro: Kerameikos)
- "L'appartement du collectionneur," Rebecca Camhi Gallery, 9 Leonidou, 104 34, (Metro: Metaxourgeio)

**TO 30/01/2020**
**ART AT HOME**

Outstanding examples of handmade furniture dating from the 18th to the 20th century harmoniously arranged along with works by artists Nikos Alexiou, Takis, Nana Gokony, Niki Glikos, Eleni Martinou and others create an interesting marriage of design and contemporary art. Gallery curator Rebecca Camhi and antique collector Eleni Martinou have produced a setting that resembles a collector's home.

- "L'appartement du collectionneur," Rebecca Camhi Gallery, 9 Leonidou, 104 34 (Metro: Metaxourgeio)

**TO 16/03/2020**
**PAINTINGS ON THE LOOM**

Art-inspired tapestries and handmade carpets are exhibited alongside the paintings that their creators copied, shedding light on a little-known side of Greek art. This unusual exhibition features, among others, paintings by Yannis Tsarouchis, Nikos Nikolaidis, Yiannis Moralis and Nikos Hadjikyrias-Ghikas, and reproductions of them done in handmade textiles.

- "Paintings and Society in Greece from 2500 to the Present," Benaki Museum–Mediterranean Classics, 138 Pireos, 106 71 (Metro: Kerameikos)

**PIΝΑΚΕΣ ΣΤΟΝ ΑΡΓΑΛΕΙΟ**

Tapestries and handmade textiles that inspired the paintings that their creators copied, shedding light on a little-known side of Greek art. This unusual exhibition features, among others, paintings by Yannis Tsarouchis, Nikos Nikolaidis, Yiannis Moralis and Nikos Hadjikyrias-Ghikas, and reproductions of them done in handmade textiles.

- "Weavings: Painting and Tapestry in Greece from 2500 to the Present," Benaki Museum–Mediterranean Classics, 138 Pireos, 106 71 (Metro: Kerameikos)
HERE & NOW

200,000 ANTIQUITIES ARE IN STORAGE AT THE NATIONAL ARCHAEOLOGICAL MUSEUM

200,000 αντικείμενα φιλοξενούνται στις αποθήκες του Εθνικού Αρχαιολογικού Μουσείου.

121 THE NUMBER OF YEARS SINCE OFFICIAL RESTORATION WORK BEGAN ON THE ACROPOLIS MONUMENTS

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25,000 επισκέπτες συγκέντρωσε το Μουσείο του Μουσείου Βασίλη και Ελίζας Γουλανδρή τον πρώτο μήνα λειτουργίας του.

24 MUSICAL EVENTS WILL TAKE PLACE AT THE ATHENS CONCERT HALL IN 2019-2020 TO CELEBRATE THE 250TH ANNIVERSARY OF BEETHOVEN'S BIRTH

24 μουσικές εκδηλώσεις με καλλιτέχνες διεθνούς κλάσης για τα 250 χρόνια από τη γέννηση του Μπετόβεν προγραμματίζει το Μέγαρο Μουσικής Αθηνών το 2019-2020.
Christian Zervos, the Paris-based Greek art critic, collector, writer and historian was an instrumental player in the evolution of Modernism, and the founder of the influential “Cahiers d’Art” magazine, gallery and publishing house. This exhibition aims to shed light on his legacy by featuring 60 rare works from his personal collection, including pieces by Matisse, Picasso, Kandinsky and Brancusi.


Money, social climbing and the pitfalls of struggling to keep up appearances are the key themes that emerge from Carlo Goldoni’s poignant comedy about the trials of a newlywed couple. Financially ruined but enjoying high social status, the husband strives in vain to meet his young bride’s increasing demands regarding items for their new home. The play, directed by Yiannis Skourletis, is being presented for the first time by the Greek National Theater. Shows on Thursdays and Saturdays have English supertitles.

“The New House,” Rex Theater–Marika Kotopouli Stage, 48 Panepistimiou, n-t.gr (Metro: Panepistimio, Omonia)
“Through my work, I seek to bring every person in touch with whatever desire or longed-for memory they have. After all, isn’t art supposed to serve our hidden longings?” George Zongolopoulos once said. This exhibition, curated by art historian Katerina Koskina, a close associate of the late Greek artist, presents small and mid-scale sculptures made of different materials that the artist kept at home and often “revisited” in order to find inspiration for new work.

“George Zongolopoulos: Familiar Pieces, from the Studio and the Home,” Roma Gallery, 5 Roma, Kolonaki, roma-gallery.com (Metro: Syntagma/Panepistimio)

I did not attempt to slip the smallest personal... message into an already perfect piece of art. Rather, I sought to listen to the score scrupulously (and lovingly), reading the libretto and translating it,” Maurice Béjart said in 1981, commenting on his choreography for Mozart’s “The Magic Flute.” The world famous Béjart Ballet Lausanne is coming to Athens with this classic from its repertory for the first time, presenting a tale about the magical qualities of love.

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**DOPE**

- What happens when a new café with exceptional freshly roasted coffee joins forces with one of the top bakers in Europe? It becomes your hangout! Dope is a design roastery in Monastiraki where you can find baked goods fresh out of the oven bearing the signature of Frenchman Kamel Saci. Freshly roasted coffees, cakes, brioches filled with cold cuts and cheese, sweet treats and many other goodies, are prepared every morning. It’s a self-service operation, which allows Dope to keep prices low. The general consensus is that their BECs, made with fresh bagels, are among the best in the city. (+30) 210.321.5209

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**SCHEDIA HOME**

- The well-known magazine Schedia, which has provide vital assistance to socially vulnerable people by offering them employment, has created a new multi-purpose space. The new premises house a café-restaurant serving up basic homestyle fare, and the Schedia Art Workshop and Store, where you’ll find light fixtures made of paper and decorative items serving up basic homestyle fare, and the Schedia Art Workshop and Store, where you’ll find light fixtures made of paper and decorative items created using unsold copies of the magazine. Recycling and reprocessing, as well as a no-plastics policy, comprise fundamental operating principles. In addition to the exhibition areas, which are already in operation and have displayed new artists’ works, the Arch also has a library and a ceramics workshop. The well-known magazine Schedia, which has provide vital assistance to socially vulnerable people by offering them employment, has created a new multi-purpose space. The new premises house a café-restaurant serving up basic homestyle fare, and the Schedia Art Workshop and Store, where you’ll find light fixtures made of paper and decorative items created using unsold copies of the magazine. Recycling and reprocessing, as well as a no-plastics policy, comprise fundamental operating principles.

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**THE NAXOS APOTHECAR**

- While the word "apothecary" conjures up images of an old-style pharmacy, this sleek new space offers homeopathic and phytotherapeutic remedies, and the cosmetics created by the Greek company Korres. Watch staff at work in the open lab carefully mixing Greek herbs and extracts – mainly from the island of Naxos – to create fortifying and therapeutic bath and body products.

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**CITRONNE GALLERY**

- Curator and art historian Tatiana Spinari recently opened a new Citronne Gallery (complementing the gallery that’s been operating on the island of Poros for years) in a 1960s Kolonaki apartment that still feels like a home. Drop by to become acquainted with the works of new and acclaimed Greek and international visual artists. Just push the button downstairs at the front entrance and they’ll buzz you in.

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**ARCh GALLERY**

- Just a stone’s throw from Hadrian’s Gate, the Arch is a center for the arts, an art hat is a not-for-profit organization, that provides artists with a place to stay and with workshop facilities to enable them to hone their skills. In addition to the exhibition areas, which are already in operation and have displayed new artists’ works, the Arch also has a library and a ceramics workshop. Free admission. © EFTYHIA VLAHOU

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**HERe & NoW**

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**Hilton athens magazine**

- Τι γίνεται από τους χαμηλά. Κατά γενική ομολογία, φτιάχνουν ένα από τα νοστιμότερα στημα είναι self-service, κάτι που τους επιτρέπει να διατηρούν τις τιμές γεμιστά με αλλαντικά και τυρί, γλυκίσματα και άλλες νοστιμιές. Το κατά υπογραφή του Γάλλου Kamel Saci: αφράτα γλυκά ρολά, κέικ και μπριός κοστίζουν θέσεις εργασίας για κοινωνικά ευπαθείς ομάδες, δημιούργησε έναν νέο μαγαζί με εξαιρετικό, φρεσκοκαβουρλεσκό καφέ.

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**Arrivals**

- Στο κατάστημα Naxos Apothecary, οι φάρμακα συνδυάζονται με την φυτική θεραπεία και τα καλλιτεχνικά της ελληνικής εταιρείας Korres, με ευεργετικά συστατικά που προέρχονται από τη Νάξο. Στο ανοιχτό εργαστήριο μπορείτε να παρακολουθήσετε την εκχυλίσματα τα ελληνικά βότανα και εκχυλίσματα να αναμειγνύονται σοφά και να δημιουργούν δυναμωτικά και θεραπευτικά βάμματα και κρέμες. Η υψηλή αισθητική, η επιστήμη και η φύση σε μια αρμονική συναντήσει. © CLAIRY MOUSTAFELLOU
HERE & NOW

DIMITRIS TSAKOUMIS

Window shopping on posh Voukourestiou Street, followed by an al fresco lunch at the landmark Atheneé.

A meal somewhere along tiny Skoufou Street near Syntagma Square, home to the award-winning Sushimou sushi bar, the rotisserie Spit Jack, the minuscule dim sum eatery Pink Flamingo, the Japanese gastro-pub Birdman and, just across the way, Nolan, known for its Mediterranean-Japanese fusion.

A sunny winter day is the perfect opportunity to tour the Acropolis area on an electric scooter.

Haute couture cocktails with a view of the night lights of the most exciting city in the Mediterranean at the Hilton’s cosmopolitan Galaxy Bar.

WILD SOULS

Anyone pursuing a quality diet and a healthier lifestyle will appreciate the tasty treats – many of which are raw and unpasteurized – on offer at this new deli/bar. Here, the sesame seed takes center stage in the form of oils, nutrient-rich tahini and different kinds of halva. The shop also makes delicious oil-based butters (be sure to try the almond butter). Coffees served with plant-based milks – such as cappuccinos with oat milk – are also available, as are light snacks.

Even if you’re not much of a drinker, it’ll be hard not to be impressed by the aged distillates made from grape, the single-varietal tsipouro (pomace brandies), and the dozens of beer brands from Greek microbreweries that this liquor store offers. You’ll also find premium spirits from around the world on the shelves. If wine is more of your thing, then look for the native varieties and for Old and New World labels from a list compiled by the team from the Oinoscent wine bar. In addition, the store’s deli features carefully selected gourmet Greek products.

CAYA NECTAR

- AKOMA-KI-AN even είναι φανταστικό, είναι δύσκολο να μην εντυπωσια- στείτε από τα παλαιωμένα αποστάγματα από σταφύλι, τα μονοποιιακά τσίπουρα και τις δεκάδες ετικέτες από σχεδόν όλες τις ελλη- νικές μικροζυθοποιίες που διαθέτει αυτή η καβά. Από το κρασί αυτό, ανεξαρτήτως των γερμανικών ποικιλιών, όπως και των ετικετών του Πολιτικού και του Νέου Κόσμου, η επιλογή αυτή γίνεται από την εμπειρία της γνωστής ετικέτας της Cava Nektar.

- Ακόμα κι άλλο! Η εκδοτική τοπική γνώμη, είναι μια από τις καλύτερες της Ευρώπης. Η Cava Nektar έχει επιλέξει για τις ακατέργαστες εκδοχές ποτός, να παραπανωφορεί την ακατέργαστη συνθήκη των τσιπουρών, με την προσοχή να εξυπηρετεί την ερευνητική σκέψη και τον χυμοσκεπή τρόπο ζωής των παραλλαγών.

- Μαζί με τους καφές, η Cava Nektar παρέχει και επιλεκτική καλαθάδα με φρέσκια διάφορων είδων τσίπουρα, τα οποία έχουν επιλεγεί από την εμπειρία της εταιρείας. Οι διάφοροι θρυλικοί γεύσεις τσιπουρών είναι διαθέσιμοι στην επιλογή της εταιρείας, μαζί με την επιλογή, το κολάσι στις ακατέργαστες εκδοχές του καφέ και την επιλογή των τσιπουρών. Η επιλογή αυτή γίνεται με την προσοχή να εξυπηρετεί την ακατέργαστη συνθήκη των τσιπουρών, με την προσοχή να εξυπηρετεί την ερευνητική σκέψη και τον χυμοσκεπή τρόπο ζωής των παραλλαγών.

- Με την επιλογή των τσιπουρών, η επιλογή αυτή γίνεται με την προσοχή να εξυπηρετεί την ακατέργαστη συνθήκη των τσιπουρών, με την προσοχή να εξυπηρετεί την ερευνητική σκέψη και τον χυμοσκεπή τρόπο ζωής των παραλλαγών.

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I live in… PANGRATI. It was here that my grandmother used to bring me to play basketball. I lived in Pangrati when I did my military service, and it’s here too I now. It’s also where I hang out, drinking coffee and thinking of the future.

You’ll often find me at… COLIBRI, having a pizza topped with arugula.

An area that inspires me is... the HISTORIC CENTER OF ATHENS. I usually get around there on a Vespa.

I’d take someone who was visiting Athens to… DIPORTO, near the central market, for lunch.

And, for a drink, to… TRIGONO, on ARCHELAOU STREET.

A work of art that symbolizes Athens for me is... THE RUNNER, right opposite the Hilton Athens!

An unexpected gem is... the FOREST OF MT YMITTOS, just a stone’s throw from the city center, is an unexpected gem. Here you can enjoy the most beautiful strolls in the whole of Athens.

A museum I keep returning to is the… ACROPOLIS MUSEUM. You can even go there just for your morning coffee.

A corner of the city that helps me regain a sense of tranquility is… PNX HILL. It’s really beautiful there.

Ο Γιώργος Παπαγεωργίου σκηνοθετεί για τρίτη χρονιά τον “Αρίστο” στο θέατρο Άνεσις (έως 7/1), το “Ξαφνικά πέρυσι το καλοκαίρι” του Τενεσί Ουίλιαμς στο Θέατρο του Νέου Κόσμου (24/1 έως 12/4) και πρωταγωνιστεί στο “Ξύπνα Βασίλη” του Δημήτρη Ψαθά, σε σκηνοθεσία Άρη Μπινιάρη, στο Εθνικό Θέατρο (έως 5/1).
KOUKAKI
Art, Food & Shopping
BY KYRIAKI VASSALOU • PHOTOS: THALIA GALANOPOULOU

STATE OF CONCEPT GALLERY

The first non-profit institute of modern art in Athens was opened in 2013 by the art critic and curator Ilaria Fokianakī. With the aim of constituting a bridge between Athens and world art, the gallery hosts exhibitions of both Greek and international artists who are not widely known to the Greek public. At the same time, State of Concept also focuses on sociopolitical issues concerning Greece and the world, and organizes screenings (we recently attended a fascinating tribute to Arab feminist films), discussions, and other events.

19 Tousa Botsari, Tel. (+30) 213.031.8575, stateofconcept.org, open: Mon-Fri: 16:30-20:30, Sat: 12:00-17:00.

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#2
TRABALA CERAMICS STUDIO

Young ceramicist Jenny Psarrou runs a small but charming work-shop/gallery, created by herself and her partner. She mostly works with high-fire clays which are ideal for functional objects as they are more resistant to wear. Her curious little statues of animals are anhithe, which is ideal for functional objects as they are more resistant to wear. Her curious little statues of animals are

36 Odyssea Androutsou, Tel. (+30) 212.106.5872

#1
MICROKOSMOS CINEMA

A member of the Europa Cinemas network, this is a cinema for true cinephiles, located just opposite the National Museum of Contemporary Art. Here you can find new releases with an emphasis on European cinema, as well as the occasional American indie. The cinema has hosted numerous festivals and tributes since 2004, and many members of the “small world” of film buffs it attracts make sure to get there a little early in order to have time for a beer and some in-depth discussions about film and other things at the foyer bar.

106 Syngrou, Tel. (+30) 210.923.0081

11 SPOTS TO EXPLORE

ΖΗΜΕΙΑ ΓΙΑ ΝΑ ΕΞΕΡΕΥΝΗΣΕΤΕ

Just beneath the Acropolis and Filopappos Hill lies the neighbourhood of Koukaki, cherished by Athenians and lately a magnet for international visitors who, in the last few years, have turned it into a proper place-to-be.

It’s a leading destination for Airbnb guests – rumor has it that this area reached the number 2 spot on the platform worldwide. That’s no wonder, considering it’s in the heart of the city and next to the Acropolis Museum and yet of the city and next to the Acropolis Museum and yet remains an archetypal Athenian neighbourhood, with picturesque streets lined by bitter orange trees.

14 Did you know that...

The name “Koukaki” comes from a Greek word “κουκάκι” meaning “little bed”, with picturesque streets lined by big orange trees.

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NEIGHBORHOOD

MATTERIA PRIMA WINE BAR
Wine lover and connoisseur Michalis Papapantamis opened his own wine bar for novices and experienced sommeliers three years ago. With minimalist decor and a glass room in the center of the space where over 400 selections are stored, Materia Prima serves wines from Greece and abroad. The wine list is regularly updated and features 40-50 options available by the glass. The food menu is also very interesting. The place is open from the morning and offers snacks and coffee, the latter served in beautiful handmade mugs.

68 Falirou, Tel. (+30) 210.924.9395

TZAİANT (GIANT) PIZZERIA
Despite its name, this pizza place is minuscule, with three tables accommodating a steady flow of patrons, chiefly late at night. It serves authentic Neapolitan-style pizza in two sizes and with ten different combinations of toppings, from the classics (marinara, pepperoni and mushroom) to the more adventurous (cheese and eggplant, four cheeses with fig, and sausage and broccoli).

21 Georgiou Olympiou

TAKI’S BAKERY
If you visit historic Taki’s Bakery at its busiest – around midday – you’ll need to wait in a long line before getting served. Decades ago, Takis Papadopoulos’ family arrived from Thessaloniki and introduced Athenians to the northern city’s koulouri – a sesame-seed-covered bread ring. Today Taki’s two sons, Thodoros and Artemis run the bakery, which has occupied the same spot for close to half a century. Every day, they produce over 50 different types of breads, cakes and more – all made with select flours, care and patience, following traditional recipes and labor-intensive methods that require bakers to work through the night. Their specialties are also exceptional.

14 Misaraliotou, Tel. (+30) 210/221.0053

THE SIFIS AND NATASSA CONCEPT
Sifis and Natassa have combined their passions – music and handicrafts – to create a brand new, piquantly bright space. In Natassa’s Artlab, you can find jewelry, handmade plant pots, lamps and art objects, all designed by her, as you listen to Sifis playing his latest musical discoveries on the record player at the other end of the shop. A sound engineer and a DJ at various well-known establishments in the city, Sifis has selected every one of the vinyl records and cassettes on offer (afro, Latin, jazz, soundtracks, reggae, dub, hip-hop), with a particular flair for whatever’s new and hot in the world of beatmaking.

30 Odysseos Androulidakis, Tel. (+30) 213.045.7027

ILIAS LALAOUNIS JEWELRY MUSEUM
This remarkable museum is housed in a section of the family home and workshop of the late Greek jeweler Ilias Lalounis. The permanent exhibition comprises 50 different collections made up of 4,500 original creations – jewelry and decorative items – all fabricated between 1957 and 2002. The museum’s Art Fair held yearly before Christmas, features new works. It is worth visiting the exhibition dedicated to the history of modern Czech jewelry (to June 22, 2020) and the exhibition “Form Follows Function” which is open:

- to June 22, 2020
- visitor’s office at the entrance of the museum from 10.00 to 18.00
- temporary exhibitions

Flames 68, tel. 210-2499359

HERE & NOW

#8 LO-FI CONCEPT

The sounds of vinyl records and cassettes played on a DJ’s sound system.

This central theme is the passage from the paragraph of the Renaissance to the Greek Revolution.

O. Sifis and N. Androulidakis, Tel. (+30) 210.922.1044, open: Tues, Thurs through Sat. 09:00-15:00.

38 Odyssea Androutsou, Tel. (+30) 213-045.7027

HITON athens magazine winter 2019-2020

TZAİANT (GIANT)

#5

### Materia Prima Wine Bar
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30 Odysseos Androulidakis, Tel. (+30) 213.045.7027

### Ilias Lalounis Jewelry Museum
This remarkable museum is housed in a section of the family home and workshop of the late Greek jeweler Ilias Lalounis. The permanent exhibition comprises 50 different collections made up of 4,500 original creations – jewelry and decorative items – all fabricated between 1957 and 2002. The museum’s Art Fair held yearly before Christmas, features new works. It is worth visiting the exhibition dedicated to the history of modern Czech jewelry (to June 22, 2020) and the exhibition “Form Follows Function” which is open:

- to June 22, 2020
- visitor’s office at the entrance of the museum from 10.00 to 18.00
- temporary exhibitions

Flames 68, tel. 210-2499359

### Here & Now

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### Hilton Athens Magazine

Winter 2019-2020

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BEL RAY BAR
A landmark all-day café-bar with a minimalist, aesthetic and a devoted clientele, this onetime car wash has become one of the most famous hangouts in the city. Good coffee, tasty brunch dishes – croque-monsieurs, croque-madames, good coffee, tasty brunch – hangouts in the city. One of the most famous car wash has become a landmark all-day café-bar: MORNING BAR + ME THEN
Pasty chef Iánthi Michalaki gets up at dawn to begin preparing her croissants and artisan bread which she will later use to make delicious sandwiches, and to prepare her croissants and cinnamon rolls. Morning Bar shares its space with Giongo’s fashion brand Me Then; there’s a showroom in the basement. Order a coffee and a pastry and have a look at Me Then’s latest collection while your order is prepared. The coffee, made with beans from the company Ania Coffee Roasters is exceptional.

LITTLE TREE BOOKS & COFFEE
Can you fit a well-stocked bookstore in a café? It seems that you can! Come here to sip your coffee surrounded by the latest Greek works and plenty of English-language books, too, all available either for purchase or simply to read as you sit. Situated very close to the Acropolis metro station, this is a popular spot for out-of-office meetings, or to get a bit of work done, and most of the tables are occupied from early in the morning by people busy on their laptops. The snacks and the music are both great.

KINONO BAR
The name of this bar is a play on the Greek word for “communion”, which includes among its meanings the idea of shared participation. And that was the idea that owner Olga Manetta had when she opened this spacious all-day café-bar: to promote the idea of community in every sense. A large handmade wooden bar and tables and chairs crafted by Olga herself, a gleaming terrazzo floor, plenty of plants and ample natural light are among the elements adored by the people who drop by to eat (try the snacks and daily specials), do some remote working or have a drink and a chat. Well-known Athenian DJs are in charge of the music.

GREEK PICKS DELICATESSEN
A myriad of top-quality goods from small producers from all over Greece fill the shelves and fridges of this store, leaving you spoilt for choice. Stamatis Tsikniadopoulos has been in this line of work for a decade and a half, during which time he has scoured the country for the best cheeses, cold cuts, yoghurts, honeys, oils, flavors including cardamom, pastes, pulses, ricotta, biscuits, jams, spoon sweets and many other Greek delicacies. Pick something to enjoy yourself or to give as a delicious and welcome gift.

FABRICA TOU EFROSYNOU
Quirky door and well-crafted dishes set this restaurant apart. The cooking, influenced by the cuisine of Greece’s monastic communities, is quintessentially Greek: simple, there’s a play on the Greek word for “communion”, which includes among its meanings the idea of shared participation. And that was the idea that owner Olga Manetta had when she opened this spacious all-day café-bar: to promote the idea of community in every sense. A large handmade wooden bar and tables and chairs crafted by Olga herself, a gleaming terrazzo floor, plenty of plants and ample natural light are among the elements adored by the people who drop by to eat (try the snacks and daily specials), do some remote working or have a drink and a chat. Well-known Athenian DJs are in charge of the music.

#10

• Η pastry chef Ιάνθη Μιχαλάκης σερβίρεται από τον Οργανισμό για το Δύναμης ως μέλος με προορισμό το φωτισμό για την ιδιότητα της ολόκληρης εστιατορίου, να επιχειρεί το περιβάλλον και το λογισμικό της καναλίζ της το καφέ. Το Morning Bar καταστρέφεται με τον τοιχογράφο Με Θεσσαλονίκη. Το παράδειγμα θέτει στον αγώνα. Μοιράζεται το περίπτερο καφέ και γλυκών καθώς και το χώρο για την ενημέρωση της κοινότητας. Η μαγειρική τους έχει επιρροές από τη μοναστηριακή κουζίνα, είναι απλή, σαφής, ελληνική και αναδεικνύει τα προϊόντα που χρησιμοποιούνται.

• Χαρακτηρίζεται από τον ιδιοκτήτη του τοπίο καθώς και την ιδιότητα εστιατορίου. Όπως την αναγνωρίζει ο καθένας. Το χώρο του καφέ έχει ρυθμίσεις από τους χώρους και μετατρέπεται σε αποθηκευτικά χώρους.

• Το χώρο του καφέ είναι χαρακτηριστικό της καθημερινής ωραίας. Το γραφείο του καφέ είναι κατασκευασμένο από χαρακτηριστικά, αποτελεί χωρίς νόημα τον καθένα. Το χώρο του καφέ έχει ρυθμίσεις από τους χώρους και μετατρέπεται σε αποθηκευτικά χώρους.

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WISH LIST

Colorful, playful and beautiful items on sale at cultural spots around the city make for great mementos.

BY PAGONA LAPSA TI

ΛΙΣΤΑ ΕΠΙΘΥΜΙΩΝ

Χρωματιστά, παιγνιώδη, ομορφά αντικείμενα που θα ανακαλύψετε στα πωλητήρια μουσείων και άλλων χώρων πολιτισμού της Αθήνας.

1. Jewelry pin “Cranes” by Kostas Dimopoulos

Καρφίτσα «Γερανοί» του Κώστα Δημόπουλου. [THEACROPOLISMUSEUM.GR]

2. Wall hook, made of marine plywood by WeDesign

Κρεμάστρα από κόντρα πλακέ θαλάσσης, WeDesign. [GOULANDRIS.GR]

3. Colorful bowls by Korina Roumelioti

Πολύχρωμα μπολ της Κορίνας Ρουμελιώτη. [CYCLADIC.GR]

4. Good luck charm for 2020 by Alekos Fassianos

Γούρι 2020 του Αλέκου Φασιανού. [THF.GR]

5. Porcelain boat by Studio Treis Grammes

Καράβι από πορσελάνη, Στούντιο Τρεις Γραμμές. [SNFCC.ORG]

6. Ceramic vase by Stavroula Kalapotharakou

Κεραμικό βάζο της Σταυρούλας Καλαποθαράκου. [MNEP.GR]

7. Wooden top inspired by the Open-Air Water Power Museum

Ξύλινη σβούρα με έμπνευση από το Μουσείο Υδροκίνησης. [PIOPMUSEUMSHOP.GR]

8. Small sculptures by Andreas Psarakos

Μικρογλυπτά του Ανδρέα Ψαράκου. [MEGARON.GR]

9. Canvas prints by The Round Button

Εκτυπώσεις, The Round Button. [HERAKLEIDON-ART.GR]
This year, the Conrad N. Hilton Foundation has awarded its annual humanitarian prize to the Greek NGO METAdrasi, citing its long record of action in the field of refugee support, particularly in protecting unaccompanied minors.

When in December 2009, Lora Pappa co-founded the NGO METAdrasi, she never could have imagined that, just ten years later, her organization’s work in promoting solutions to meet the fundamental needs of refugees, and especially unaccompanied minors, would be recognized on the other side of the Atlantic.

The Conrad N. Hilton Foundation was created in the US in 1944 by the founder of the Hilton hotels to alleviate suffering and its innovative efforts on a national and international level have earned it widespread recognition and respect worldwide. The Hilton Foundation has awarded its annual Conrad N. Hilton Humanitarian Prize on outstanding not-for-profit organizations or other NGOs.

This year, the Conrad N. Hilton Humanitarian Prize on outstanding not-for-profit organizations or other NGOs. The organization’s efforts have already helped children like Adi, from Afghanistan, find help, too. After the uncle accompanying them died in Athens, they ended up alone and homeless, until through the work of METAdrasi, they were finally reunited with their father, who was waiting for them in Sweden.

As Pappa says, “I believe that the major challenges we’re facing, whether it’s climate change or the refugee crisis, concern all of us because, quite simply, our outcome will determine our common future. We must, therefore, contribute to their resolution. It’s not about radical changes. It’s enough, for a start, to realize that our future is shared. Only then can we hope that this future can be made better.”

Lora Pappa, who, as a newborn, ended up alone in Sweden, who found help, too. After the uncle accompanying them died in Athens, they ended up alone and homeless, until through the work of METAdrasi, they were finally reunited with their father, who was waiting for them in Sweden.

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METAdrasi stood out among hundreds of nominations from all over the world for its innovative efforts.
A photo tour of Athinas Street, a gallery of the contrasts that define modern Athens. This one-kilometer stretch connects Monastiraki with Omonia, the traditional with the progressive, and the nostalgic with the contemporary.

By Dimitris Tsoumplekas
Looking up the stairwell, one of the most distinctive architectural features of the new museum.© VANGELIS ZAVOS

A stunning new museum, only a few minutes’ walk from Hilton Athens, offers a radically different approach to appreciating modern art.

THE BASIL & ELISE GOULANDRIS FOUNDATION

ELEVATING THE ART SCENE

BY YIORGOS RIZOPOULOS

Ένα εκπληκτικό μουσείο, μόλις λίγα λεπτά από το Hilton, προσφέρει στους επισκέπτες του την ευκαιρία να δουν τη μοντέρνα τέχνη υπό νέο πρίσμα.

ΙΔΡΥΜΑ ΒΑΣΙΛΗ & ΕΛΙΖΑ ΓΟΥΛΑΝΔΡΗ
ΑΝΕΒΑΖΟΝΤΑΣ ΤΟΝ ΠΗΧΗ ΤΗΣ ΕΙΚΑΣΤΙΚΗΣ ΑΘΗΝΑΣ
Ένα εκπληκτικό μουσείο, μόλις λίγα λεπτά από το Hilton, προσφέρει στους επισκέπτες του την ευκαιρία να δουν τη μοντέρνα τέχνη υπό νέο πρίσμα.
FORGET YOUR BUTTONED-DOWN SUITS, formal evening gowns and elegant pumps. Forget about art experts sporting blasé expressions. Forget about walking stiffly along halls of paintings and sculptures arrayed in the usual, sterile way. The space that houses Basil and Elise Goulandris’ vision is a veritable amusement park of the arts. And that’s even before you factor in the yoga lessons, jazz concerts, theater events for children and other activities it hosts.

The long roll call of renowned artists whose works are on display includes Paul Cézanne, Vincent van Gogh, Paul Gauguin, Claude Monet, Edgar Degas, Auguste Rodin, Henri de Toulouse-Lautrec, Pierre Bonnard, Pablo Picasso, Georges Braque, Joan Miró, Alberto Giacometti and Balthus, as well as Greek artists Konstantinos Parthenis, Costas Tsotris, NIKOS Hadjikyriakos-Ghika, Yannis Tsarouchis, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Tsarouchis, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis, Costas Tsoclis, Nikos Hadjikyriakos-Ghika, Yannis Moralis, Panayiotis Tetsis.

The Paintings and sculptures found in this collection were selected by Basil and Elise Goulandris themselves, using criteria that can only be described as subjective.
of the façade of the old neoclassical structure. Finally, the entire picture is rounded out by a few 1960s apartment buildings, typical examples of local urban development. Contrasts like this are common in the neighborhood and reflect the museum’s collection itself: heterogeneous and fascinating.

If, upon entering the museum, you don’t know where to start, don’t worry. Given that there’s no way a single visit to the museum will ever be enough anyway, you can start from wherever you like. The space for the permanent collection extends from the first floor through the fourth, occupying a total area of some 1,124sq.m. The fourth floor features contemporary Greek artworks created by the likes of Costas Tsoclis, Marina Karella and Natalia Mela, while the third includes modern Greek works by artists such as Alekos Fassianos, Dimitris Mytaras and Panayiotis Tetsis. On the second floor, there are 20th-century masterpieces by Friedensreich Hundertwasser, Francis Bacon and Amedeo Modigliani, among others. The first floor displays classic works by legends of modern art such as Degas, Monet and Van Gogh. It might be a good idea to view the collection starting from the fourth floor and working your way down to the first, because if you begin the other way around, chances are you’ll end up stuck forever on the first floor, and thus miss out on the equally important masterpieces.

Jackson Pollock
NUMBER 13, 1950
If expressionist Pollock isn’t the “apple of discord” in the world of painting, who is? His first exhibition of works – created using the “drip technique” which he himself pioneered – was held in 1948, resulting in universal recognition from the art world, and turning out to be a great commercial success. At the same time, however, Pollock’s work has also served as the basis of arguments over what exactly constitutes art.
Vinniecent van Gogh

THE ALYSCAMPS, 1888

In 1888, Van Gogh is 33, depressed and just two years away from committing suicide. In this painting, the golden and yellow colors are used to do the sky with its pretty green vestment of a child's bedroom… The fact is, until you make out the flowers of the Alyscamps meadow, and the smoke emitted by factories. In

pieces from more recent times or those created by Greek artists. It's also worth noting that the first basement level, which has a total area of 530 sq.m., will host temporary exhibitions in the future.

The museum's first surprise waits in the ticket office area on the ground floor. There, while in line for your ticket, you'll undoubtedly spot a poetic and dreamy portrait of Elise Goulandris, which Marc Chagall created in 1969. The figure of Basil Goulandris also appears in the portrait, hovering as he observes, admires, or perhaps protects his beloved Elise.

"OK, but why is this museum so special?"

you might ask, finding my enthusiasm a bit puzzling. The answer is simple: this place is special—"You make a game in an amusement park of the arts. It's not just another academic presentation of the history of art, as is the case with those national galleries that try to cover every minute in the history of art. In fact it's nothing like that. The paintings and sculptures found in this collection were selected by Basil and Elise Goulandris themselves, using criteria that can only be described as subjective. And, if you have the good fortune of being accompanied by someone possessing broad art-related knowledge, you might ask, finding my enthusiasm a bit puzzling. The answer is simple: this place is special—"You make a game in an amusement park of the arts. It's not just another academic presentation of the history of art, as is the case with those national galleries that try to cover every minute in the history of art. In fact it's nothing like that. The paintings and sculptures found in this collection were selected by Basil and Elise Goulandris themselves, using criteria that can only be described as subjective. And, if you have the good fortune of being accompanied by someone possessing broad art-related knowledge, you might ask, finding my enthusiasm a bit puzzling. The answer is simple: this place is special—"You make a game in an amusement park of the arts. It's not just another academic presentation of the history of art, as is the case with those national galleries that try to cover every minute in the history of art. In fact it's nothing like that. The paintings and sculptures found in this collection were selected by Basil and Elise Goulandris themselves, using criteria that can only be described as subjective. And, if you have the good fortune of being accompanied by someone possessing broad art-related knowledge,}

Yannis Moralis

EROTIC, 1994

Moralis, a native of Arts, Greece, whose work gained international recognition, was 78 when he created this painting, clearly still amazed of life and art. The simple "orbits of endearment," as National Gallery Curator Marina Lambra...
Yannis Gaitis. 

**DESCENT FROM THE CROSS, 1994**

Gaitis, the creator of a special race of identical, between-hanging seating little striped suits, painted the work just a few months before his death. In it, ancient tradition carefully lays down deceased modern man. Or might it be that man has abandoned himself, helpless and incapable, almost dead, in her hands, while she ultimately be the need he feels to break away from the third dimension – that same one that most painters strive to capture with such great effort – and, in doing so, give us wild figures, ones that are almost male, almost Cycladic?

**Pablo Picasso**

NUDE WOMAN WITH RAISED ARMS, 1907

Picasso is 26, and also paints "The Young Ladies of Avignon" that same year. What, then, might be the need he feels to break away from the third dimension – that same one that most painters strive to capture with such great effort – and, in doing so, give us wild figures, ones that are almost male, almost Cycladic?

**info**

13 Ermoupolous, Pangrati, Tel. 210-725-2895.

We are on show on the first floor, along with some other wonderful pieces of French literature dating to the same period.

2. In 1994, Bathus gave Baul and Elise each a gift of a palette bearing a handwritten dedication. These palettes are on exhibit on the second floor, next to the artist’s masterpiece "View of Montecarlo." • The 1994 oil "The Countess Dama" and in the Elise’s art is a gift of the same painting. A few famous artists - besides the ones we mentioned - have also been invited to participate in the annual exhibition.

3. Among the important items found in the couple’s home were two sets of drops from the Lourve Palace. These are on show on the second floor, along with some other wonderful pieces of French literature dating to the same period.

4. The acquisition of "The Veil of Saint Veronica" by El Greco, marked the beginning of the collection. It was purchased in 1956, the same year that Nikos Kazantzakis’ "Report to Greco" was published. It is on display on the first floor. • The titles of the exhibition items have on us, and on the form of energy exerted upon us, which consequently transforms us, irrespective of the objective value (if there is such a thing) of the particular exhibition item in question.
Vasilis Kekatos

The Golden Boy of Cannes

The bright new star of Greek filmmaking talks about his career so far, his approach to his craft, and his outlook on life, love and truth.

BY VLASSIS KOSTOYIROS

PORTRAITS: DIMITRIS VLAIKOS • FASHION EDITOR: IRO TSOURTOU

Cotton jacket and wool turtleneck: Corneliani, cotton trousers John Varvatos (ATTICA)
GROWING UP ON THE ISLAND of Kefalonia, Vasillis Kefalas excelled at nothing in particular. What he most enjoyed doing was watching movies directed by the likes of Carol Reigadas or Ali Kaurismaki, which were screened at his local film club. After finishing high school, he decided to do as his parents had urged, and set out to become a lawyer. He moved to London, but dropped out after studying for a year in order to study filmmaking instead, as it was the only thing that didn’t bore him.

Once his family accepted the fact that he was intent on becoming a director, his father took a trip with him to Cannes, where they attended the film festival together. “I want your films to be shown here,” his father told him. Last May, his father got that wish. Vasillis scooped the Palme d’Or award for Best Short Film, going into the history books as the first Greek director to win in that category.

“The Distance Between Us and the Sky,” a love story between two men in a forgotten gas station on the old national highway, made him famous overnight, at the age of 28. Today, when he orders food in, there’s a chance that the waiter might draw a palm tree on the packaging (this actually happened!

We meet in Athens on a quiet October morning, on the pedestrianized part of Fokionos Negri Street, not far from his place. “This time last year, we were making the film,” he recalls. “Preparations took us a while, but the filming itself was done in just one night. We knew exactly what we wanted to do.”

The first goal was the Berlinale, but that festival ended up turning down the film. “I wasn’t deterred in the least. You know, my generation, those born in the early 1990s, grew up in prosperity, but were deprived of it by the time we reached adulthood. What I mean to say is that I know how to live without getting everything I want. On the
In a few years, I might just get up and go back to Kefalonia. I have a deeper need that says that I want to explore other things, too.

other hand, as a person I don’t have any particular insecurities. I received a lot of love at home. I grew up with parents who encouraged me during my failures and gave me strong foundations so that I would never crumble. I owe them for this. It’s difficult for something to really throw me. I believe a lot in the fullness of time. When you’ve given your soul to something, sooner or later it’ll find a way to emerge. Exactly like what happened, we wanted to look at how the story evolves between these two young men who suddenly fell in love in one night. “I’m gonna have a phobia. “We have to be dynamic in life. I had lar insecurities. I received a lot of love at home. I believe a lot in the fullness of time. When you’ve given your soul to something, sooner or later it’ll find a way to emerge. Exactly like what happened, we wanted to look at how the story evolves between these two young men who suddenly fell in love in one night.”

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“You realize that you’ll be taking on what you think you’ve never been able to do.”

Xavier Kélodra at the Palme d’Or winners photo call of the 72nd Cannes Film Festival, with Agustina San Martín. © Vasilis Kekatos με την Agustina San Martín στην καθημερινή φωτογράφηση των νικητών, στο 72ο Φεστιβάλ των Καννών.
write and direct a queer love story?” I ask.

“I’d never expected that I’d make a film championing gay rights, and that’s why I’m proud of the experience. I don’t see any differences between gay and straight love. The emotions are the same: everybody chases love. My favorite uncle, my father’s brother, was a gay rebel in the 1970s, and isn’t at all ashamed about who he is. He’s the one who taught me to open up to others. All of us can be unfaithful, cohabitants, or ideal lovers, or love’s liars. These things don’t have a gender. I feel good because, in the film, I didn’t approach the protagonists with a sense of distance; they were a part of me.”

“That is also the secret to a good film!”

“For sure. If there is a secret, it’s to be human. A good film doesn’t need an overly complex plot, or slick lines of dialogue. You have to be able to create characters and remain at their level.”

I’m surprised when he tells me that the female protagonist of his new film is not a professional actress. “I don’t care about academic studies,” he says. “It’s the marks that life leaves upon a person that move me. These are what I want to capture through the lens. You can work on someone’s body language or their voice, but not on their gaze. A gaze cannot be made to become deeper. It’s difficult to find a protagonist who looks, one who doesn’t simply turn towards the camera, without the mark of a character.”

He makes it clear that he doesn’t want an exclusive relationship with cinema. “In a few years, I might just pack it up and go back to Kefalonia. I have a deeper need that says that I want to explore other things, too.”

For the time being, what’s certain is that his movie is on a shortlist of 50 films seeking to make it through to the final five vying for an Oscar. No small feat indeed.

“I’m able to draw pure inspiration from this neighborhood.”

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“I’m able to draw pure inspiration from this neighborhood.”

“For sure. If there is a secret, it’s to be human. A good film doesn’t need an overly complex plot, or slick lines of dialogue. You have to be able to create characters and remain at their level.”

“I don’t see any differences between gay and straight love. The emotions are the same: everybody chases love. My favorite uncle, my father’s brother, was a gay rebel in the 1970s, and isn’t at all ashamed about who he is. He’s the one who taught me to open up to others. All of us can be unfaithful, cohabitants, or ideal lovers, or love’s liars. These things don’t have a gender. I feel good because, in the film, I didn’t approach the protagonists with a sense of distance; they were a part of me.”

“Is that also the secret to a good film?”

“Yes, with the same ease.”

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“I’m surprised when he tells me that the female protagonist of his new film is not a professional actress. “I don’t care about academic studies,” he says. “It’s the marks that life leaves upon a person that move me. These are what I want to capture through the lens. You can work on someone’s body language or their voice, but not on their gaze. A gaze cannot be made to become deeper. It’s difficult to find a protagonist who looks, one who doesn’t simply turn towards the camera, without the mark of a character.”

He makes it clear that he doesn’t want an exclusive relationship with cinema. “In a few years, I might just pack it up and go back to Kefalonia. I have a deeper need that says that I want to explore other things, too.”

For the time being, what’s certain is that his movie is on a shortlist of 50 films seeking to make it through to the final five vying for an Oscar. No small feat indeed.
Passion for clay

A millennia-old craft is being revitalized in the Athenian workshops of young, inspired ceramicists.

By Pagina Lapsati
Portraits: Thalia Galanopoulou

Multicoloured mugs enhance the aesthetics of our breakfast table, understated dinner services inspired by organic forms make restaurant tables more attractive, and ceramic designer light fixtures embellish hotel rooms. However, it’s not only about beauty anymore. Contemporary ceramicists are keen to adopt the principles of ecology and sustainable development, thus rendering this millennia-old art more relevant and engaging to 21st century society, and reshaping our everyday lives with original utilitarian and decorative creations.

Six young ceramicists who live and create in Athens offer us ample proof that pottery is an art form that is alive and well, one with a place both in top galleries and in our homes. At the same time, through workshops, seminars and exhibitions, they reignite our primitive need to craft items with our own hands.

Maria Kerassioti (facebook.com/kerasioti.maro), a member of the International Academy of Ceramics (IAC), and president for Europe and Africa of the International Ceramic Artists’ Association (ICAA), follows developments in ceramics on a global level. She confirms that, in Greece today, fine ceramic art is keeping abreast with international trends, while the deep relationship between man and clay is once again being expressed in the plethora of people practicing the art of pottery-making as a hobby.

ΠΑΘΟΣ ΓΙΑ ΤΟΝ ΠΗΛΟ
Μια πανάρχαια τέχνη αποκτά καινούργια δυναμική στα εργαστήρια νέων, εμπνευσμένων Αθηναίων δημιουργών.
Kika Hinari’s studies in geology and photography have helped define the way she perceives the art of ceramics. In her creations, earth, light and fire are united in decorative and utilitarian objects of exceptional beauty which express both her sense of introspection and her dynamism. Each of her pieces is unique, and she relishes stretching materials to their limits, creating fine, almost translucent forms. At the same time, however, her objects find use in daily life, since she does not want them to remain untouched on the shelves. “What I like is for someone to come into daily contact with them. I want the objects to be utilitarian even while their aesthetics reference works of art.” Involved in ceramics since 2013, she takes pleasure in exploring the relationship between each object and its use. She also chooses to present her work in unusual venues, such as bars or bookstores, which can trigger a dialogue between the objects and the environment.

fb.com/kiceramics, instagr.am/ki.ceramics

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fb.com/kiceramics, instagr.am/ki.ceramics
SHARING THE KNOWLEDGE

YIANNIS MAMOUTZIS

For Yiannis Mamoutzis, art has to be interactive, so he creates contemporary design objects for everyday use. Tables, chairs and lighting fixtures with original, eccentric forms are chosen by design stores, they adorn hotels and restaurants and claim their place in art spaces. Through constant research, seminars and experimentation with new techniques, he shaped his own personal style which quickly made him instantly recognizable: one of complex forms that are, at the same time, perfectly elegant and familiar.

In 2009, he created the Mamoutzis Ceramic Sculpture and Design studio with the aim of showcasing contemporary ceramic art in Greece. Today, he counts dozens of young ceramicists among his pupils, and the venue, besides serving as a professional pottery workshop, is also used for seminars, solo exhibitions and other events related to his craft.
POTTERY FOR A DIGITAL AGE

DESPOINA XENAKI

At the Xenaki Ceramic Art and Design Studio, which she set up in 2015, Despoina creates utilitarian objects with a fine arts approach. She also offers practical seminars, training those who might be interested in exploring fine art through clay. Having studied interior architecture, design and graphic arts, she finds inspiration across an array of fields. “The internet provides access to a plethora of influences and information. Fusion, the intermarriage between different traditions, has produced a drastic change in our aesthetics. It is, however, our needs that shape the trends themselves,” she explains. Today, as the demand for organic, unprocessed products of all kind grows, the uniqueness and the understated quality of a handcrafted ceramic object do not simply serve a fashion trend but offer, above all, a very specific alternative. It’s also a highly visible alternative. Despoina says that what helped bring contemporary ceramic art to the foreground is the visible presence of ceramic works not just in art galleries, but in hotels and restaurants, too. She often collaborates with chefs, architects and hotel interior designers, and her work appears in art galleries and select stores in Greece and abroad.

ceramicdesign.gr

ΔΕΣΠΟΙΝΑ ΞΕΝΑΚΗ

Μέσα από το Xenaki Ceramic Art & Design Studio, που λειτουργεί από το 2015, η Δέσποινα δημιούργει χρηστικά κεραμικά με εικαστική προσέγγιση. Παρέχει σεμινάρια και πρακτικές, εκπαιδεύοντας όσους ενδιαφέρονται να εξερευνήσουν την τέχνη μέσα από τον πηλό. Με σπουδές στην εσωτερική αρχιτεκτονική, στον σχεδιασμό και στη γραφική, οι πηγές της έμπνευσής της έχουν πολλά ερεθίσματα. «Το διαδίκτυο δίνει πρόσβαση σε πλούσια πηλοποιίες και πληροφορίες. Το βοηθά, δηλαδή, το πάντρεμα διαφορετικών παραδόσεων, ένα αλλάζει την αισθητική μας. Τις τάξεις όμως τις διαμορφώνουν ανάγκες μας, είχε είπε η Δέσποινα. Σήμερα, που το ακατάραγο και το οργανικό έχουν προκύψει ως νέα ανάγκες, η μοναδικότητα και το ανεπιτήδευτο ενός χειροποίητου κεραμικού αντικειμένου δεν υπηρετούν απλώς μια τάση, αλλά είναι μια ξεχωριστή πρόταση. Το ρόλο αυτό που εκείνη θεωρεί ότι βοηθάει να αναδειχθεί η σύγχρονη κεραμική είναι η έντονη παρουσία των κεραμικών όχι μόνο αλλά και σε ξενοδοχεία και εστιατόρια. Η ίδια συνεργάζεται με ασφ. οργανισμούς και δικαστήρια για δικαστικά, ενώ η δυνατότητα της προκύπτει από γελοιότητα και επαγγελματική καταπολέμηση. ceramicdesign.gr
Leonie Yagdjoglou’s approach to contemporary ceramic art is based on incorporating unconventional elements in her work. She plays with colors and textures and creates all sorts of objects: vases that seem to have defects or imperfections on them, dinner sets that draw their inspiration from Japanese motifs, totemic sculptures that evoke her love for other cultures. Each object recounts memories, ideas and emotions that were the source of her inspiration.

“The stories told by my ceramic works have no end. They can be reproduced time after time, or they can be constantly revised,” she says.

Leonie studied design in Greece and in Switzerland and, with ceramics, has managed to combine the process of production with the uniqueness of artistic expression, drawing on both old and new techniques. “My aim isn’t to be able to produce perfect creations, but rather to create objects that reflect the production process in its entirety.”

Leonie Yagdjoglou

Η Λεώνη Γιαγδζόγλου ενσωματώνει καλλιτεχνική δημιουργία και πρωτοποριακές φόρμες στα κεραμικά της. Παίζει με τα χρώματα και τις υφές και δημιουργεί κάθε φορά μεταφέροντας πάνω στα σχέδια της η αγάπη της για άλλους πολιτισμούς. Αναμνήσεις, ιδέες και συναισθήματα γίνονται η γη της έμπνευσής και μεταφέρονται πάνω στα αντικείμενά της. «Οι ιστορίες που δημιουργεί το κεραμικό μου δεν έχουν τέλος. Μεταφέρονται πάνω στα αντικείμενά της, λέει η κεραμίστρια. Παλιότερα διέθεσε στην Ελλάδα και στην Ελβετία και με την κεραμική κατάφερε να συνδεθεί με τη διαδρομή παραγωγής με την καλλιτεχνική δημιουργία, παραμετρώντας παλιές με νέες τεχνιques. Επιθυμεί μοναδικές δημιουργίες, όπως θα περιλάμβαναν όλες τις θέσεις της παραγωγής διαδικασίας.»

Leonie Yagdjoglou

ΛΕΩΝΗ ΓΙΑΓΔΖΟΓΛΟΥ

Στα κεραμικά της Λεώνη Γιαγδζόγλου ενσωματώνει καλλιτεχνική δημιουργία και πρωτοποριακές φόρμες. Παίζει με τα χρώματα και τις υφές και δημιουργεί κάθε φορά μεταφέροντας πάνω στα σχέδια της η αγάπη της για άλλους πολιτισμούς. Αναμνήσεις, ιδέες και συναισθήματα γίνονται η γη της έμπνευσής και μεταφέρονται πάνω στα αντικείμενά της. «Οι ιστορίες που δημιουργεί το κεραμικό μου δεν έχουν τέλος. Μεταφέρονται πάνω στα αντικείμενά της, λέει η κεραμίστρια. Παλιότερα διέθεσε στην Ελλάδα και στην Ελβετία και με την κεραμική κατάφερε να συνδεθεί με την διαδρομή παραγωγής με την καλλιτεχνική δημιουργία, παραμετρώντας παλιές με νέες τεχνικές. Επιθυμεί μοναδικές δημιουργίες, όπως θα περιλάμβαναν όλες τις θέσεις της παραγωγής διαδικασίας.»
GEORGE PONTIKIS

How can you get away from pottery when you’ve grown up around clay? Third-generation ceramicist George Pontikis spent his childhood playing with the stuff, molding it and etching it in his family’s workshop. He went on to study graphic arts but then returned to the material most familiar to him. Pontikis creates whimsical pieces with an element of surprise, the unexpected. His style is influenced by the “action painting” movement, which involves shaping your creations with spontaneous, rather than studied, movements. He also uses the raku technique, burning organic materials into the surface of his objects in order to create abstract motifs. His works can be found in several Athens museum shops and art galleries.

georgepontikis.gr

HARIS PANOUSOPOULOS

“Sculpting with clay taps into man’s need to create something with his hands,” says Haris Panousopoulos, explaining why so many people have taken up pottery as a hobby, especially in recent years. For many years, pottery in Greece tended to lean towards kitschy folk art. This was mainly as a result of the popularity of inexpensive clay souvenirs. With the benefit of a better education and familiarity with other cultures (through travel and through the internet), the new generation of Greek potters has moved on from that market and formed a thriving new ceramic scene that is going from strength to strength.

Panousopoulos studied painting at the Athens School of Fine Arts and has also explored photography, graphic design, animation and special-effects. He has been teaching drawing and pottery at schools and technical colleges since 2008, as well as to amateur groups at the Open Studio, an initiative he launched in 2010. A representative of the new Greek ceramics scene, he creates utilitarian and decorative items with clean minimalist lines and forms, pieces that seek to enrich daily life with the presence of artful design.

harispanousopoulos.wixsite.com/openstudio

ΧΑΡΗΣ ΠΑΝΟΥΣΟΠΟΥΛΟΣ

«Η πηλοπλαστική καλύπτει σε μεγάλο βαθμό την ανάγκη του ανθρώπου να δημιουργεί με τα χέρια του», λέει ο Χάρης Πανουσόπουλος, εξηγώντας γιατί τα τελευταία χρόνια περισσότερος επιλέγει την κεραμική ως κάλπη. Η παραδοσιακή καλή στην Ελλάδα είναι για χρόνια μια γραφική, χάρη στα οικονομικά πήλινα σουβενίρ. Η νέα γενιά των σχολείων και των εργαστηρίων οποιασδήποτε οικογένειας έχει επαληθεύσει την αυτοπροσώπηση της καλής με την συλλογική υλικό καλλιτεχνικής και έχει σύρει προσωπικά μας για να ακολουθήσουμε τα γεγονότα της μέσα στην εμφάνιση και ένα στοιχείο απροσδόκητο, μια έκπληξη. Ο ίδιος έχει επηρεαστεί από το κίνημα action painting, που αφορά σχέδια τα οποία δημιουργούνται ελεύθερα, με τυχαίες κινήσεις πάνω στις επιφανείες του πηλού (ή του καμβά, όταν πρόκειται για ζωγραφική). στα έργα του εφαρμόζει συχνά την τεχνική του raku, κατά την οποία οργανικές ύλες καίγονται πάνω στο αντικείμενο, με σκοπό να δημιουργηθούν αυθόρμητα, ακανόνιστα μοτίβα. Με τα αντικείμενά του θα συναντηθείτε σε αρκετά από τα πωλητήρια των αθηναϊκών μουσείων και τις γκαλερί.

harispanousopoulos.wixsite.com/openstudio

THE EVOLUTION OF CLAY

HARIS PANOUSOPOULOS

It runs in the family

IT RUNS IN THE FAMILY

ΓΕΩΡΓΟΣ ΠΟΝΤΙΚΗΣ

Πώς να ξεφύγεις από την κεραμική όταν έχεις μεγαλώσει μέσα στον πηλό; Ως παιδί, ο Γιώργος Ποντίκης έπαιζε, χάρασε, έπλαθε το μαλακό υλικό στο εργαστήρι της οικογένειάς του. Σπούδασε γραφικές τέχνες και όταν ξαναγύρισε στη γνώριμη πρώτη ύλη, κεραμίστας τρίτης γενιάς πλέον, δημιουργεί φόρμες που έχουν μια παιδικότητα, ένα στοιχείο απροσδόκητο, μια έκπληξη. Ο ίδιος έχει επηρεαστεί από το κίνημα action painting, που αφορά σχέδια τα οποία δημιουργούνται ελεύθερα, με τυχαίες κινήσεις πάνω στις επιφάνειες του πηλού (ή του καμβά, όταν πρόκειται για ζωγραφική). Κεραμίστας τρίτης γενιάς πλέον, δημιουργεί φόρμες που έχουν μια παιδικότητα, ένα στοιχείο απροσδόκητο, μια έκπληξη. Ο ίδιος έχει επηρεαστεί από το κίνημα action painting, που αφορά σχέδια τα οποία δημιουργούνται ελεύθερα, με τυχαίες κινήσεις πάνω στις επιφάνειες του πηλού (ή του καμβά, όταν πρόκειται για ζωγραφική). Στο έργο του εφαρμόζει αυτήν την τεχνική της τέχνης, κατά την οποία οργανικές ύλες καίγονται πάνω στο αντικείμενο, με σκοπό να δημιουργηθούν αυθόρμητα, ακανόνιστα μοτίβα. Με τα αντικείμενά του θα συναντηθείτε σε αρκετά από τα πωλητήρια των αθηναϊκών μουσείων και τις γκαλερί.
PHOTOGRAPHER: GEORGE KATSANAKIS (10AM)

PHOTOGRAPHER’S ASSISTANT: DIMITRIS KATSANAKIS (10AM)

FASHION EDITOR: ANNA ZINCHENKO

HAIR & MAKE UP: ATHINA SKOUVAKIS
(This is not another agency)

PHOTOGRAPHER’S ASSISTANT: NATAlia DIMITRIeva, (90 TsoUROU)

MODELs: GRETA (D- MODELS), THEODORE (AGE)

GRETA:

THEODORE:
Wool coat, sweater made of wool and cotton, and leather backpack, Boss, wool trousers, Gant, and leather shoes, Steptronic (ATTICA). 18K rose gold watch with automatic chronograph and alligator leather strap, Franck Muller, (FRANCK MULLER BOUTIQUE).
OPPOSITE PAGE


RIGHT


THEODORE: Viscose suit and cotton shirt, silk tie and handkerchief, Boss, leather shoes, Steptronic (ATTICA). Glashutte Original Senator Excellence Panorama watch with automatic chronograph and leather strap (KASSIS).

GRETA: Wool suit, shirt made of cotton and silk, Dolce&Gabbana (LUISA WORLD). Glasses, Kaleos (KOKKORIS OPTICS).

HILTON athens magazine

winter 2019-2020

OPPOSITE PAGE


GRETA: Σακάκι από μαλλί Τwinset, πουκάμισο από μετάξι και παντελόνι από βελούδο Zadig & Voltaire (ATTICA). Κολιέ από χρυσό 18Κ, με μπριγιάν και black onyx (KESSARIS). Βραχιόλια Piaget από λευκό και ροζ χρυσό 18Κ με μαλαχίτη και μπριγιάν (KASSIS).

GRETA: Dress made of silk organza with details made of ostrich feathers (DEUX HOMMES). Strappy pumps made of leather and silk, Malone Souliers (KALOGIROU).
GRETA: Backless metallic dress (Mi-Ro).

THEODORE: Velvet jacket, cotton shirt, and wool and silk tuxedo trousers made of wool and silk, Hugo (ATTICA).

GRETA: Εξώπλατο μεταλλιζέ φόρεμα (Mi-Ro).

THEODORE: Σακάκι από βελούδο, πουκάμισο από βαμβάκι και παντελόνι σμόκιν από μαλλί και μετάξι Hugo (ATTICA).
GRETA: Knitted cardigan, Iro (ATTICA).
Satin bra, Eres (ERES BOUTIQUE).
18K rose gold necklace set w/ rubies, Bulgari Serpenti (KESSARIS).

GRETA: Πλεκτή ζακέτα Iro (ATTICA).
Σατέν σουτιέν Eres (ERES BOUTIQUE).
Κολιέ Bulgari Serpenti σε ροζ χρυσό 18Κ με ρουμπίνι (KESSARIS).
A touch of glamour

The latest designs from top luxury brands and jewelry makers make for perfect gifts this season.

PHOTOGRAPHER: YIORGOS KAPLANIDIS (THIS IS NOT ANOTHER AGENCY)
FASHION EDITOR: ANNA ZINCHENKO

HAIR & MAKE UP
ATHINA SKOUVAKIS
(THE IS NOT ANOTHER AGENCY)

PHOTOGRAPHER’S ASSISTANT
STELIOS FRAGKOPOULOS
(THE IS NOT ANOTHER AGENCY)

MODEL
SVETA (DI MODELS)
18K white and rose gold bracelets set with brilliant-cut diamonds and opals from the series Happy Hearts, and watch made of steel and 18K gold from the series Alpine Eagle, Chopard (BOUTIQUE CHOPARD). Silk shirt, Victoria, Victoria Beckham (ATTICA).

18K yellow gold earrings, bracelet and ring designed by Fotis Poniros from the series Peristeriones Collection (PONIROS). Silk shirt, Chloe (LUISA WORLD). Denim trousers, Rag & Bone (ATTICA). Leather bag with metallic details (CALLISTA CRAFTS).
OPPOSITE PAGE

18K gold earrings, pendant with chain, and bracelet (ILIAS LALAOUNIS). Silk crêpe blouse, turtleneck made of wool and silk, silk trousers, and leather bag with metallic details, Tom Ford (LINEA PIU).

ΔΕΞΙΑ ΣΕΛΙΔΑ: Σκουλαρίκια, παντατίφ με αλυσίδα και βραχιόλι από χρυσό Κ18 (ILIAS LALAOUNIS). Μεταξωτό κρεπ πουκάμισο, ζιβάγκο από μαλλί και μεταξί, μεταξωτό παντελόνι και δερμάτινη τσάντα με μεταλλικές λεπτομέρειες, Tom Ford (LINEA PIU).

18K and 22K yellow gold earrings, necklace, bracelets and rings set with brilliant-cut diamonds (ZOLOTAS). Wool suit, Tweenset (ATTICA).

Σκουλαρίκια, κολιέ, βραχιόλια και δαχτυλίδια σε κίτρινο χρυσό 18Κ & 22Κ, με μπριγιάν (ZOLOTAS). Μάλλινο κοστούμι, Tweenset (ATTICA).
Even if you don't have time for a museum visit during your stay, the Hilton Athens collection will introduce you to some of the most important Greek artists.

BY SAKIS IOANNIDIS

PHOTOS: DIMITRIS TSOMPLEKAS

"Columns" (aka "Metal Trees") by Yiannis Parmakelis (1978) is a monumental composition of four aluminum pieces resembling ancient columns.

Even if you don't have time for a museum visit during your stay, the Hilton Athens collection will introduce you to some of the most important Greek artists.
THREATS & SECRETS

Hilton Athens magazine
winter 2019-2020

HILTON COLLECTION

There’s a secret hidden at the Hilton Hotel’s elegant reception desk. Behind the helpful attendants is an art piece by Giorgos Lappas titled “Envelope with a Letter,” which serves, according to art historian and museologist Katerina Koskina, as a reminder of the reception’s pivotal role in keeping guests informed and handling their messages. The secret, however, is on the back of the piece and cannot be seen until you circle behind the reception area (keep an eye out on the way for ‘Agamemnon’ by sculptor Venia Dimitriakopoulou). It’s a map, not of Athens but of China, and it functions as a symbol of the hotel’s mission to serve guests from all over the world.

Hilton Athens has been associated with the visual arts since even before its official opening in 1963, and the art is not just on the inside, either. The hotel’s façade is adorned with a monumental engraving by Yannis Moralis that depicts the history of Athens – a smaller version of this is on display in the lobby – while the garden hosts two fascinating sculptures, ‘Tree Trunks’ by Yannis Parmalelis and Kostas Koulentianos’ ‘New Generation’, located opposite the National Gallery (currently undergoing major expansion works).

This relationship with art was strengthened after the hotel was given a radical makeover in 2001. “Believing art to be an organic part of such a historic building, I tried to introduce pieces, to the extent that circumstances permitted, that fit in aesthetically and conceptually with the space hosting them,” says Koskina, who has curated the art at the hotel, selecting pieces by Greek and Greek-American artists for the common areas and rooms.

These include the sculptures ‘Olive Branch’ by Aphrodite Liti in the Byzantino Restaurant and ‘Enclosure’ by Stephen Antonakos in the Aethrion. One corner of the lounge hosts an important piece of Greek art history cases by the noted ceramicist Eleni Vernadaki, a close friend and colleague of Moralis, stand in dialogue with a set of bronzes designed by Moralis and cast by his.

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**“Envelope with a letter” (2003)** by George Lappas highlights the role of the reception desk at the hotel’s elegant reception center. It’s an ‘Envelope with a letter’, an art piece by the Greek artist Giorgos Lappas, which serves, according to the hotel’s curator Katerina Koskina, as a reminder of the reception’s role in keeping guests informed and handling their messages. The secret, however, is on the back of the piece and cannot be seen until you circle behind the reception area (keep an eye out on the way for ‘Agamemnon’ by sculptor Venia Dimitriakopoulou). It’s a map, not of Athens but of China, and it functions as a symbol of the hotel’s mission to serve guests from all over the world.

Hilton Athens has been associated with the visual arts since even before its official opening in 1963, and the art is not just on the inside, either. The hotel’s façade is adorned with a monumental engraving by Yannis Moralis that depicts the history of Athens – a smaller version of this is on display in the lobby – while the garden hosts two fascinating sculptures, ‘Tree Trunks’ by Yannis Parmalelis and Kostas Koulentianos’ ‘New Generation’, located opposite the National Gallery (currently undergoing major expansion works).

This relationship with art was strengthened after the hotel was given a radical makeover in 2001. “Believing art to be an organic part of such a historic building, I tried to introduce pieces, to the extent that circumstances permitted, that fit in aesthetically and conceptually with the space hosting them,” says Koskina, who has curated the art at the hotel, selecting pieces by Greek and Greek-American artists for the common areas and rooms.

These include the sculptures ‘Olive Branch’ by Aphrodite Liti in the Byzantino Restaurant and ‘Enclosure’ by Stephen Antonakos in the Aethrion. One corner of the lounge hosts an important piece of Greek art history cases by the noted ceramicist Eleni Vernadaki, a close friend and colleague of Moralis, stand in dialogue with a set of bronzes designed by Moralis and cast by his.

**“Enclosure” (1996-1997)** by Stephen Antonakos illuminates the white wall of the Aethrion Lounge with the artist’s distinctive hues. It’s an ‘Enclosure’, an art piece by the Greek artist Stephen Antonakos, which serves, according to the hotel’s curator Katerina Koskina, as a reminder of the reception’s role in keeping guests informed and handling their messages. The secret, however, is on the back of the piece and cannot be seen until you circle behind the reception area (keep an eye out on the way for ‘Agamemnon’ by sculptor Venia Dimitriakopoulou). It’s a map, not of Athens but of China, and it functions as a symbol of the hotel’s mission to serve guests from all over the world.

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second wife, sculptor Aglaia Lyberaki. The Moralis Vernadakis partnership is also celebrated in a ceramic composition in the Galaxy Room.

Two artists of Greek descent had the privilege of being represented by the legendary gallery of Leo Castelli in New York, and the Hilton Athens, says Koskina, is proud to have works of theirs on display in its lobby. ‘Sirene’ by Chryssa and ‘Ariadne’s Thread 2’ by Naousa Daphnis have been placed in the indoor common areas, along with a selection of abstract geometric wooden sculptures by Frosso Michalas.

Heading upstairs, a stop at the Executive Lounge allows a viewing of ‘Forest,’ a piece by distinguished artist Pavlos, who also has another piece gracing the entrance display of the Galaxy Bar and Restaurant.

Outside near the swimming pool, George Zongolopoulos’ mobile sculpture ‘Kineomatic’ seems a natural choice, while a close look around the pool bar will also reveal a ceramic mural by Elene Vernadakis, inspired by the motion of waves. It’s a fitting piece. After all, the Athens Hilton is just the place to dive into art.

One of the ceramic black and white vases of Elene Vernadakis (1970), a close associate of the painter Giannis Moralis, whose name has been identified with the hotel. 

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Put on your running shoes

The home of the Authentic Marathon boasts great routes and myriad running events – so why not lace up and join the fun?

BY KYRIAKI VASSALOU
ILLUSTRATIONS: ANNA TZORTZI

WHEN THE JAPANESE WRITER HARUKI Murakami was preparing for his first marathon in New York 37 years ago, he decided to keep a journal of his training progress. In 2007, his book “What I Talk About When I Talk About Running” was published, offering readers his most personal tome to date. It lays out a series of wonderful routes – namely those that wend through the author’s mind. What does he think about when he runs? The book eventually became a bestseller in Athens; a Greek translation was published in 2011, a year when more and more Athenians were just beginning to make their way en masse to sports tracks, parks, streets and hills to get running, joining the global movement of embracing sports and healthier living. While Athens does not at first glance seem to be a particularly runner-friendly place compared to other areas of Greece, the activity has garnered a great following in the capital, and the legion of city runners is constantly growing. Popular race events take place in and around the city throughout the whole year, well-supported by the Athenian public. At these races, friendships are made and participants are proud to see their friends and family cheering them on from the sidelines. Looking on, their children learn about values such as competition and perseverance. What’s more, it’s often the case that these runners aren’t just running to beat their personal bests or the athlete alongside them; they’re also running to support good causes and philanthropic organizations. Over time, each race gains a reputation. One might be thought of as an “easy” race, like the event held in the Kallithea area, which is said to be ideal for

OTTΩΝ Ο ΙΑΠΩΝΑΣ ΣΥΓΓΡΑΦΕΑΣ Haruki Murakami προετοιμαζόταν για τον πρώτό του Μαραθώνιο στη Νέα Υόρκη, περίπου 37 χρόνια πριν, αποφάσισε να κρατήσει ένα προσωποποιημένο ημερολόγιο με την πρόοδο των προπονήσεών του. Το 2007 εκδόθηκε το βιβλίο “Για τι πράγμα μιλάω όταν μιλάω για το τρέξιμο”, χαρίζοντας στους αναγνώστες του το πιο προσωπικό του βιβλίο, κι αυτό επειδή τους συστήνει μια σειρά από εξαιρετικές διαδρομές, αυτές του μυαλού του. Το βιβλίο μπήκε στα ευπώλητα των βιβλιοπωλείων της Αθήνας τέσσερις χρόνιες αργότερα, το 2011, είτε μεταφρασμένος εντός του ευπώλου της Αθήνας μελέτη, είτε αντίθετα να γίνει προσωπικό στον αθλητισμό. Ακολουθώντας το παγκόσμιο μαζικό κίνημα υπέρ της άθλησης και της ευζωίας, οι Αθηναίοι –ερασιτέχνες δρομείς ή αθλητές– τους υποστηρίζουν θερμά. Στους αγώνες κάνουν φίλους ή χειροκροτούν τους φίλους τους και μαθαίνουν στα παιδιά τους να αθλούνται, να αγωνίζονται μεταφορικά και κυριολεκτικά. Τρέχουν όχι μόνο για την προσωπική τους υγεία, αλλά και για καλή ευζωία σε διοργανώσεις με φιλανθρωπικό χαρακτήρα.

ΦΟΡΕΣΤΕ ΤΑ ΑΘΛΗΤΙΚΑ ΣΑΣ
Η πόλη του Αυθεντικού Μαραθωνίου προσφέρει εξαιρετικές διαδρομές ελλάδας και πλήθος άθλημα τρέξιμων. Τι σας εμποδίζει από να μπείτε στη δράση;

THE HOME OF THE AUTHENTIC MARATHON BOASTS GREAT ROUTES AND MYRIAD RUNNING EVENTS – SO WHY NOT LACE UP AND JOIN THE FUN?

BY KYRIAKI VASSALOU
ILLUSTRATIONS: ANNA TZORTZI

WHEN THE JAPANESE WRITER HARUKI Murakami was preparing for his first marathon in New York 37 years ago, he decided to keep a journal of his training progress. In 2007, his book “What I Talk About When I Talk About Running” was published, offering readers his most personal tome to date. It lays out a series of wonderful routes – namely those that wend through the author’s mind. What does he think about when he runs? The book eventually became a bestseller in Athens; a Greek translation was published in 2011, a year when more and more Athenians were just beginning to make their way en masse to sports tracks, parks, streets and hills to get running, joining the global movement of embracing sports and healthier living. While Athens does not at first glance seem to be a particularly runner-friendly place compared to other areas of Greece, the activity has garnered a great following in the capital, and the legion of city runners is constantly growing. Popular race events take place in and around the city throughout the whole year, well-supported by the Athenian public. At these races, friendships are made and participants are proud to see their friends and family cheering them on from the sidelines. Looking on, their children learn about values such as competition and perseverance. What’s more, it’s often the case that these runners aren’t just running to beat their personal bests or the athlete alongside them; they’re also running to support good causes and philanthropic organizations. Over time, each race gains a reputation. One might be thought of as an “easy” race, like the event held in the Kallithea area, which is said to be ideal for

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Hilton Athens Magazine

Winter 2019-2020
GREAT ROUTES

- **THE PANATHENIC STADIUM:** Enter from Archimandritou Street and climb the stairs to the hexagonal-shaped track around the perimeter of the marble stadium that hosted the first modern Olympic Games in 1896. This is where many Athenian and foreign runners like to train. The dirt track covers a total distance of 500m, and views of the Acropolis and Lycabettus are a big plus. (Level: Easy)

- **THE NATIONAL GARDEN:** Open to the public from sunrise to sunset. This route kicks off with a mini dirt track around the perimeter of Mt Lycabettus and a loop around Filopappou Hill. A distance of a little under 7 km. (Level: Difficult)

- **ANAFOTIKI AND FILOPOPAULOU HILL:** Both sites offer good views, a setting personal basis because of its long flat stretch (kallithea run.gr), while another is seen as a “difficult” course, like the race that circles around Mt Lycabettus (lycabettusrun.gr), held for the last few years, which is deemed much more demanding, as it presents different kinds of elevation (however, it should be added that the view of the city from high up compensates for the effort expended). They are all different: Zografou has a lot of hilly sections, while in Alimos you run close to the sea. Particularly popular are the SNFCC Night Run, which takes place every June, and the city half-marathon, a 21-km endurance challenge through the streets of Athens, which takes place every March (athinahalfmarathon.gr).

The single most important running event is the “Athens Marathon: The Authentic,” which takes place every November; for the last three years, the Hilton Athens has been the event’s Official Hotel. This year, more than 20,000 athletes (of which 12,000 or so came from abroad) took part, following the original 42.195-kilometer course beginning in Panathenaic Stadium and ending at the Panatheniac Stadium (Kallimarmaro). The opportunity to cover such a historic course brings some of the worlds top competitors to Athens, but all who take part know that to complete their epic effort, crossing the same finish line that marked the end of the first modern marathon in history, will be an unforgettable experience. Alongside the marathon, there are also 5km and 10km races, allowing shorter distance enthusiasts their own chance to run in the city.

RUNNING ON CITY STREETS

The popularity of the sport exemplified by the sweaty yet smiling figures clad in bright shirts and sporting earbuds who pass in front of Parliament at midnight. It’s also reflected in the city’s drivers, who increasingly show greater acceptance of runners, and in the general public, who have become used to street closures for athletic events. Looking at all of this, it’s clear that Athens isn’t “tough” after all for those wishing to run. It’s also a good place, climate-wise, for outdoor sports. With the exception of very hot summer days – which discourage any kind of outdoor activity – the weather in Athens during the other seasons is good; endurance training, experts advise that runners should begin their training early in the morning.

All who take part in this Athens Marathon know that to complete their epic effort, crossing the same finish-line that marked the end of the first modern marathon in history, will be an unforgettable experience.
Winter in Greece has something for everyone. Three mountain destinations boast dramatic gorges, pristine rivers and picturesque villages.

CONQUERING THE MOUNTAINS

By Olga Charami
Along the Karpenisiotes River

The more adventurous might want to try rafting (Trekking Hellas Eurytania, tel. (+30) 22370.412.02), the Museum of National Resistance, with archival photographic material and newspaper cuttings dating from the German occupation during World War II. Two other popular stops on the road are Megalo Horio (‘Big Village’) and Mikro Horio (‘Little Village’). Wander around cobbled streets flanked by stone houses. In both villages, you’ll find a folk museum, and in Megalo Horio you can try the famous galaktoboureko (a syrupy custard pie) and ekmek kadafyli, a cream-covered sweet, at the kalimo (traditional café) of Kyra Paraskevi.

As you continue down the road, the landscape becomes more rugged. In the wild parts of Kleidi, get ready to take some photos as you pass under a natural canopy created by a rocky overhang. A few kilometers on, the valley opens out before you. The Karpenisiotis host the Museum of National Resistance, with archival photographic material and newspaper cuttings dating from the German occupation during World War II. Two other popular stops on the road are Megalo Horio (‘Big Village’) and Mikro Horio (‘Little Village’). Wander around cobbled streets flanked by stone houses. In both villages, you’ll find a folk museum, and in Megalo Horio you can try the famous galaktoboureko (a syrupy custard pie) and ekmek kadafyli, a cream-covered sweet, at the kalimo (traditional café) of Kyra Paraskevi.

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Πεζοπορία στο όρος Μαίναλο

Η λεπτομερής δρομακία και ακριβή σπίτια βρίσκονται στη Δημοτική ενότητα Αρκαδίας, στην περιοχή Αρκαδίας, στην Πελοπόννησο. Αναφέρεται ως ο μεγαλύτερος βουνός της Αρκαδίας και δείχνει την ιστορική Βύσσην, που κατασκευάστηκε από τον 1764. Στην περιοχή του νησιού μπορεί να παρακολουθηθεί η Μονή Χρυσούλας του Ιερονωμίου Βαρνάβα του Παναγίου Πολιορκών. (πηγή: piop.gr). Ακολουθεί από τους 14 μπαρουτόμυλους που λειτουργούσαν εδώ κατά την περίοδο της Επανάστασης του 1821, ο ένας έχει αναστηλωθεί και θα το περπάτησε με τα κάλαμα. Είναι η από την Τάφο με το Ναό Αγίου Ευσημίου, τον πλατιάτη τυπολογισμό του Φιετ κέντρου, τον θαυμασμό της Μικρασιάτης λογοτέχνης, ζωγράφου και αγιογράφου. Το νησί έχει γίνει για τους αρχαιολόγους το κατά τον οποίο μεταβυζαντινός κρότος. Σήμερα μπορεί να βρεθεί στην ιστορική του περιοχή στην Αρκαδική Μονή, ενώ στη Στεμνίτσα Αρχαιομεταλλουργικός Στοιχεία θα δείτε την τέχνη να εξελίσσεται, μέσα από το έργα των σειράς άνθρωπων που δημιουργούν κατασκευές με σύγχρονο design.

Πεζοπορία στο όρος Μαίναλο: Περπατήστε στο χωριό Παναγιά. Αυτό κατασκευάστηκε τον 13ο αιώνα και τον ιστορικό Παναγιά, χρονολογείται τον 14ο αιώνα. Πεζοπορία στην από την Μονή Παναγιά του 16ου αιώνα. Πεζοπορία στην περιοχή της Αρκαδίας, στην Πελοπόννησο, 200 χλμ. νοτιοδυτικά της Αθήνας. Είναι 200 χλμ. νοτιοδυτικά της Αθήνας και τούτο από την Περιοχή της Αρκαδίας. Πεζοπορίες στην περιοχή της Αρκαδίας.

Πεζοπορίες στην Περιοχή της Αρκαδίας: Αρκαδία: Στα Λήμνα, Στην Αρκαδία βρίσκεται στην Ευρωπαϊκή Συνομοσπονδία. Είναι ένα από τα διασημότερα και αποτελεσματικά τοπία της ευρωπαϊκής Συνομοσπονδίας. Είναι ένα από τα διασημότερα και αποτελεσματικά τοπία της ευρωπαϊκής Συνομοσπονδίας. Αναφέρεται ως η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία. Αναφέρεται ως η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία. Αναφέρεται ως η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία. Αναφέρεται ως η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία, η Αρκαδία.
The Bridge of Noutsos (or Kokkoris), which lies between Dilofo and Kapesovo, however, are more atmospheric, offering greater tranquility and fewer visitors. At the same time, approximately 100 single, double or triple-corbelled arched bridges built mainly during the 18th and 19th centuries by the renowned stone craftsmen of the Pelekanos Valley, constitute a unique setting. The most popular villages are Vitsa and Monodendri; Koukouli, Dilofo and Kapesovo, however, are more atmospheric, offering greater tranquility and fewer visitors. At the same time, approximately 100 single, double or triple-corbelled arched bridges built mainly during the 18th and 19th centuries by the renowned stone craftsmen of the Pelekanos Valley, constitute a unique setting.

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Greece's liquid gold

The new age of premium Greek olive oil has arrived, thanks to visionary producers who are strengthening the position of this quintessentially Greek product in the world's most demanding markets.

BY LINA KAPETANIOU

WITH 449 DISTINCTIONS for Greek producers in 21 international competitions, 2019 became the third consecutive year that Greece was named one of the top three olive oil producing countries in the World Ranking of Extra Virgin Olive Oil. What did it take to accomplish this? A centuries-old tradition, good agricultural practices, knowledge and expertise, TLC, timing harvests properly, the use of new technologies in pressing the olives and bottling their precious liquid in metal or dark glass bottles to protect its rich organoleptic properties.

A new era of premium Greek olive oil is undeniable here. If further proof were needed, just take a glance at the shelves of the duty-free shops at Athens International Airport where there are now dozens of labels, far more than just a few years ago. And there’s a charming story behind every one. Take, for example, Navarino Icons Extra Virgin Olive Oil, which picked up EVOO of the year awards in 2018, 2017 and 2016. The packaging design is inspired by the rich history of Messinia, the southeastern Peloponnesian region where it comes from, and more specifically by the muraux discovered at the Palace of Nestor. The glass bottle exudes luxury and good taste, while even the piece of string that has been wrapped by hand around the neck acts as a reminder that premium Greek olive oil is the product of artisanal craftsmanship.

An increasing number of Greek olive oil producers have been courting international markets in recent years, presenting products worthy of the venerated shelves of Harrods in London or Dean & DeLuca in New York. Elegant packaging and sophisticated branding based on each oil’s provenance and history are winning over foreign consumers, who already consider olive oil a gourmet product.

Just like the Navarino Icons EVOO, made with olives of the Koroneiki variety grown by Costa Navarino in its own olive groves, other producers are applying innovations in the field and in the

© GETTY IMAGES/IDEAL IMAGE
Whether it’s from the famous olive growing regions in Crete and Hania, or the many others across the country, a bottle of premium Greek olive oil is one of the ultimate gifts to bring home from Greece. You’ll find premium Greek olive oil at delicatessens and select shops in Greece and abroad, in bottles crafted by award-winning designers, at prices beginning at €20 per 500 ml bottle. Many Greek olive oils advertise health benefits (thanks to their high concentration of polyphenols), while some firms even sell their olive oil as a dietary supplement abroad.

“The objective is not just to offer foreign consumers good olive oil, but also to provide them with knowledge - about the country’s biodiversity, the olive’s history and our culture,” says Ilias Karapoutsis, chief executive of E-La-Won, which exports 80% of its products to central and northern Europe, the United States and Canada. Brothers Panos and Thanos Kluoutsinitis have a similar philosophy that started with a small piece of land owned by their grandfather in the region of Corinthia and a team of producers that grows a single variety of olive on a plot of land that has been cultivated since the 7th century BC. You can check the company’s website (available in 10 languages) for information concerning the producer, the location and the flavor profile of the specific olive oil they have purchased.

Greek olive oil’s recognizability is growing in the markets being targeted by Greek companies, and this has led to a small increase in exports for bottled olive oil. The aim is to supply foreign markets with olive oil, but also to provide them with knowledge - about the country’s biodiversity, the olive’s history and our culture. The objective is not just to offer foreign consumers good olive oil, but also to provide them with knowledge - about the country’s biodiversity, the olive’s history and our culture, says Manolis Karpadakis, marketing manager of Terra Creta, which exports 94% of the olive oil it produces in the region of Hania, Crete, to different parts of the world.

Terra Creta focuses on the superior terroir of Kolymvari, the area where its olive oils are produced and packaged, and one of Crete’s most famous olive producing areas. In 2006, the firm developed a tracking system for every bottle, which is assigned a lot number. Consumers can check the company’s website (available in 10 languages) for information concerning the producer, the location and the flavor profile of the specific olive oil they have purchased.

If you live abroad and are visiting Greece for a few days, don’t leave without a bottle or two of premium olive oil. Just a few drops on a piece of toasted bread or for a piece of toasted bread will deliver the quintessential flavor of Greece in a celebration of the majesty of simplicity.
Pleasure in 4 acts

From early in the morning until late at night, Byzantino, Galaxy Bar & Restaurant and Aethrion lounge, the popular eating and drinking establishments of the Hilton Athens, will delight you with a tempting range of options.

BY NENA DIMITRIOU • PHOTOS: ALEXANDROS ANTONIADIS
Even if you’re the type who can survive on just coffee until dinner time, the delicious brunch menu at Aethrion might prove too tempting to resist.

DON’T FEEL LIKE GETTING UP EARLY? A delicious brunch menu is served at the bright Aethrion lounge, the perfect venue for quiet relaxing moments. Here, you’ll find items such as the open-faced sandwich on carob-flour bread with avocado, smoked turkey and a Dijon mustard dressing, an ideal snack for any time of the day. Or maybe you are a morning person after all, but you’ve skipped breakfast in order to hit the gym. In that case, why not treat yourself to an energy-boosting smoothie or a nutritious dish that will refuel you. The Overnight Oatmeal is just the thing, made with oats, coconut milk, yoghurt, peanut butter, chia seeds, honey and berries. If you’re not counting calories, the peinirli with truffle and San Daniele prosciutto, buffalo mozzarella, pecorino, cheddar and arseniko cheese from Naxos, is a cheese lover’s dream. As for the children, how about a slice of fresh apple pie with a scoop of Madagascar vanilla ice cream or a colorful fruit smoothie?

#1 Brunch

ΔΕΝ ΕΊΣΤΕ ΠΡΩΙΝΟΣ ΤΥΠΟΣ; Ένα νόστιμο brunch μενόου σας περιμένει στην άνετη και φωτεινή σάλα του Aethrion. Ο χώρος ενδείκνυται για ηρεμία και χαλάρωση. Εδώ θα βρείτε σίγουρα κάτι νόστιμο, όπως το ανοιχτό σάντουιτς σε φρέσκο ψωμί από χαρούπι, με αβοκάντο, καπνιστή γαλοπούλα και ντρέσινγκ από μουστάρδα Dijon, ένα ελαφρύ καλάθι που τρώγεται κάθε ώρα. Αν είστε πρωινός τύπος και την ώρα του πρωινού την περάσατε στο γυμναστήριο, δοκιμάστε ένα ρόφημα βιταμινών ή ένα θρεπτικό γεύμα μετά την άσκηση, που θα αναπληρώσει όση ενέργεια «κάψατε». Η καλύτερη επιλογή είναι το Overnight Oatmeal, με βρόμη, γάλα καρύδας, γιαούρτι, φιστικοβούτυρο, σπόρους chia, μέλι και μούρα. Αν δεν μετράτε τις θερμίδες, το πιάτο με τρούφα και προσούτο San Daniele, βουβαλίσια μοτσαρέλα, αρσενικό Nάξου, παλαιωμένο πικαρόνι, τσένταρ και μανιτάρια portobello φτιάχτηκε για όσους λατρεύουν το τυρί. Αν στην παρέα υπάρχουν παιδιά, θα ζητήσουν με τη φρέσκια μπέιζιντα με παραμαγιά ναυτικών Мадагасκάρης και τα χρωματιστά, φρούτα ή smoothies.

info
AETHRION LOUNGE
• Open daily 09.00-20.00
• Tel. (+30) 210.728.1404
• Ανοιχτό καθημερινά 09.00-20.00
#2 Lunch

The midday meal at Byzantino, a classic and beloved Athenian restaurant, is a perfectly orchestrated experience, with dishes from around the world.

FLAMES FLICKER BENEATH PANS; ladles of delicious broths are poured from one pot to another; one chef is busy chopping coriander and another is cutting basil for the pesto. The action in the open kitchen of Byzantino Restaurant is like a performance, punctuated by the sounds of rhythmic chopping and the soft clatter of pots and pans.

Out in the dining area, however, there's absolute calm, as the waitstaff glides noiselessly between the elegantly set tables. On the menu, you’ll find a selection of international and Mediterranean classics as well as Greek staples with interesting modern additions and the odd surprise. The stuffed cabbage, for example, is made with shrimp, herbs, cauliflower cream and crispy pancetta. The vegan rice noodles with vegetables and a curry sauce is an Asian street food dish you wouldn’t expect in such a sophisticated setting, yet it’s a favorite on this diverse menu.

The wine list comprises top Greek selections together with international options. As for dessert, the loukoumades are a particular favorite: fluffy Greek donuts drenched in organic honey and served with crushed walnuts and cream.

## info

BYZANTINO RESTAURANT

- Open daily 06:00-00:00, Tel. (+30) 210.728.1400
- Ανοιχτό καθημερινά 06.00-00.00
#3 Dinner

Bar-restaurants like Galaxy are the reason why Greeks love their long dinners. Gourmet dishes, fine wines and perfect cocktails pair with the best view of the city.

**TAKE THE ELEVATOR UP** to the Galaxy Bar & Restaurant for an evening with a view that stretches from the Acropolis and Mt Lycabettus – seemingly within touching distance – to neighborhoods that lie several kilometers away. Apart from this stunning nocturnal vista, another great reason to dine here is the new winter menu prepared by the hotel's Executive Chef Costas Athanasiou and Galaxy Chef Giorgos Kaperdas. It features fusion and Mediterranean dishes with innovative and exciting combinations that bring out the full flavors of the high-quality, select ingredients used. At the same time, the cooking here retains its comfort-food character, without lacking creativity or experimentation.

Recommended selections include the potato and leek velouté with shrimps, quail eggs and black caviar – an explosion of the sea on smooth velvet. The salad of broccoli, amaranth greens, watercress and vegan mayonnaise with truffle is a healthy vegan dish that tastes as amazing as it looks. Venison, lamb picanha, Black Angus fillet and fresh fish are other options that further elevate the Galaxy dinner experience – fitting gourmet delights for a truly unique setting.

**ANEΒΕΒΕ ΜΕ ΤΟ ΑΣΑΝΕΡ** to Galaxy Bar & Restaurant, for a meal with a view from the Acropolis to the Acropolis, and the best in Athenian gastronomy. The menu has been prepared by the hotel's Executive Chef Costas Athanasiou and the Chef of Galaxy Giorgos Kaperdas. It features fusion and Mediterranean dishes with innovative and exciting combinations that bring out the full flavors of the high-quality, select ingredients used. At the same time, the cooking here retains its comfort-food character, without lacking creativity or experimentation.

Recommended selections include the potato and leek velouté with shrimps, quail eggs and black caviar – an explosion of the sea on smooth velvet. The salad of broccoli, amaranth greens, watercress and vegan mayonnaise with truffle is a healthy vegan dish that tastes as amazing as it looks. Venison, lamb picanha, Black Angus fillet and fresh fish are other options that further elevate the Galaxy dinner experience – fitting gourmet delights for a truly unique setting.

**#3 ΔΕΠΙΝΟ** Bar-restaurants like Galaxy are the reason why Greeks love their long dinners. Gourmet dishes, fine wines and perfect cocktails pair with the best view of the city.

**info**

**GALAXY BAR & RESTAURANT**

* Dinner is served Sun-Thur 19:30-01:00, Fri & Sat 19:30-01:30,
  Tel. (+30) 210.728.1402
  * Το δείπνο σερβίρεται Κυριακή-Πέμπτη 19:30-01:00,
    Παρασκευή και Σάββατο 19:30-01:30.
No need to wonder where to go after dinner: stay at the Galaxy for its unique atmosphere, stylish crowd, fantastic drinks and, of course, its famous sushi.

COLORFUL LIGHTS SPREAD THEIR SPARKLE across the impressive counter of the Galaxy Bar & Restaurant, glinting off the vast array of bottles behind the bartender. Opt for a classic like a red Negroni with its aromatic bitters or a perfectly made Manhattan, or you can always try out a new recipe from the cocktail list that fits the profile of your ideal type of drink.

As its regular patrons know, Galaxy Bar & Restaurant is also famed for its sushi. Make sure to try one of the new selections, such as the Sea Bass Ceviche Roll with chili or the Scallop Tobiko Roll with lime, together with a dry or sharp drink like an ice-cold margarita or a stylish martini, either shaken or stirred. Ask the experts to recommend the right pairing combinations, while you sit back and take in the amazing view of Athens at night.

info
GALAXY BAR & RESTAURANT
- Open daily 17:00-03:00
- Tel. (+30) 210.728.1402
- Το μπαρ είναι ανοιχτό καθημερινά 17:00-03:00

#4 Cocktail

ΠΟΛΥΧΡΩΜΑ ΦΩΤΑ ΛΑΜΠΟΥΝ πάνω από τη μεγάλη μπάρα του Galaxy Bar & Restaurant. Ποια από τους πελάτες επιλέγει ένα Negroni με λαμπερό κόκκινο χρώμα και αρωματικά μπάτερ ή ένα Manhattan σερβιρισμένο ως πρότζεκτσιοναλ λαμπερά με premium ποτά. Επιλέξτε κάποιο από τα κλασικά κοκτέιλ, όπως ένα Negroni με λαμπερό κόκκινο χρώμα και αρωματικά μπάτερ ή ένα Manhattan σερβιρισμένο ως πρότζεκτσιοναλ λαμπερά με premium ποτά.

Οι θαμώνες γνωρίζουν ότι το Galaxy Bar & Restaurant είναι συμβολικό του σούσι, γι’ αυτό μη χάσετε την ευκαιρία να δοκιμάσετε τις νέες γεύσεις, όπως το Sea Bass Ceviche Roll με λαβράκι και πιπερίτσα τσίλι ή το Scallop Tobiko Roll με ποτά και μοσχολέμονο, μαζί με κάποιο ξηρό και οξινό ποτό, μια παγωμένη margarita ή ένα σικάτο dry martini, stirred or shaken. Ζητήστε από τους ειδικούς να σας προτείνουν τους κατάλληλους γευστικούς συνδυασμούς για pairing και, κρατώντας ένα κοκτέιλ στο χέρι, ανακαλύψτε πόσο όμορφη είναι η Αθήνα από ψηλά.

#4 ΚΟΝΤΕΙΝΙ

ΔΕΝ ΚΡΕΙΣΤΕΤΕ ΝΑ ΑΝΩΡΘΩΣΤΕ: «ΝΟΣ ΠΟΜΕ ΜΕΤΑ ΤΟ ΔΕΙΠΝΟ», ΜΕΝΕΤΕ ΣΤΟ GAΛAXY, ΓΙΑ ΤΗ ΜΟΝΑΔΙΚΗ ΤΟΥ ΑΤΜΟΣΦΑΙΡΑ, ΤΟΝ ΟΧΕΤΟ ΚΟΜΟΚΟ, ΤΙΣ ΦΑΝΤΑΣΤΙΚΕΣ ΓΕΥΣΕΙΣ ΤΩΝ ΣΟΥΣΙΝ, ΤΟ ΠΑΓΩΜΕΝΟ ΚΟΚΤΕΙΛ ΚΑΙ ΦΥΣΙΚΑ, ΤΟ ΔΙΑΣΗΜΟ ΟΞΕΙΔΙΟ ΤΟΥ.
Hiltonia Spa: Luxurious Relaxation

The Hiltonia Spa is, no doubt, the Hilton Athens’ most interesting contradiction. On the one hand, it’s in one of the capital’s busiest and most centrally located spots, a hotel famous as a hive of activity; on the other, this oasis of tranquility and rejuvenating treatments offers a unique overall experience. As a result, the skin acquires a velvety feel and a shine that lasts. The relaxation ritual begins with time in the hammam, where the curious properties of steam prepare your body for what comes next. The session continues with a facial or body treatment (even better, with both), then moves to the Silent Room, where you’ll find refuge in perfect quietude. If you’d like, you can also try a footbath or take a dip in the heated pool.

The Hiltonia Spa offers a wide range of treatments, including anti-ageing, hydration, relaxation and anti-cellulite massages. A standout is the Holistic Hiltonia Retreat, a soothing wellness ritual inspired by the light and essence of the Mediterranean organic oil from the African baobab tree— which has exceptional antioxidant and skin-firming properties— and semi-precious stones and trace minerals, for outstanding anti-ageing treatment, uses semi-precious stones and trace minerals finds its way into the anti-ageing and reinvigorating treatments offered by the expert staff at this oasis of wellness. The Princess Diamond, another signature treatment, uses semi-precious stones and trace minerals, for outstanding anti-ageing treatments, including anti-ageing, hydration, relaxation and anti-cellulite massages. A stand-alone treatment (even better, with both), then moves to the Silent Room, a place to clear your mind, to relax as thoroughly as possible and to enjoy some precious personal time.

All you have to do is close your eyes and let go. The products they use exclusively— Germaine de Capuccini— are of the highest quality, and the facilities are first-class, ensuring a unique overall experience. The relaxation ritual begins with time in the hammam, where the curious properties of steam prepare your body for what comes next. The session continues with a facial or body treatment (even better, with both), then moves to the Silent Room, where you’ll find refuge in perfect quietude. If you’d like, you can also try a footbath or take a dip in the heated pool.

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The prenuptial party with your favorite girlfriends isn’t simply a party – it’s a chance to decompress. Unwind in style at the Hilton Athens Bar & Restaurant before your wedding night and for a wonderful life as well.

An excellent idea is to organize that spa day that you’ve always wanted to enjoy together with your girlfriends, the one where you all get-towels wrapped around your heads and glasses of champagne in your hands – and the bachelorette party package offered by the Athens Hilton is guaranteed to make you feel like a star. The Hiltonia Spa is, quite simply, a temple to wellness. You walk through the door and, even before the specialists take you in their capable hands, you already feel more relaxed.

There’s something special in the spaces, the textures, the aromas, the music, and the tranquility. So, round up your maid of honor, your bridesmaids and other girlfriends, head to Hilton Athens and dedicate a special day all to yourselves. You can opt for relaxing massages, face or body treatments, dips in the indoor pool, steam baths and saunas, foot treatments, or a chill-out session on the loungers in the Silent Room (its name alone is soothing).

Let’s not forget, however, that this is a bachelorette party we’re talking about, so after all this relaxation, why not move on to the hotel’s bars and restaurants, at a 25% discount, or, if you really want to live it up, grab a saila, also at 25% off? And remember, the Galaxy Bar & Restaurant has a great view of the whole city and is the perfect spot from which to gaze down on Athens for one last time as a single woman. May all that follows be as thrilling!

info
• Special rates for bachelorette groups start at €154 (regular price €194) and are valid for reservations for a maximum of five persons. The promotion is valid for reservations made before February 20, 2020.
• Maximum group size: 10 people.
• Special rates for bachelorette groups £130 (regular price £165) and are valid for reservations for a maximum of five persons. The promotion is valid for reservations made before February 20, 2020.
• Maximum group size: 10 people.

By Manina Danou
### Shopping Time

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A MOMENT IN TIME

RUDOLF NUREYEV AT HILTON ATHENS

On the occasion of Hilton’s 100th anniversary, the Aethrion lounge is hosting a photographic exhibition, curated by art historian and museologist Katerina Koskina, that sheds light on the history of Hilton Athens, which is inextricably linked to that of modern Greece.