



a destination spa experience in the comfort of your own suite

Wellness Menu

Ahh La Massage

Relaxation Massage

Swedish relaxation massage techniques are used to help you relax, rebalance and rejuvenate tired stressed muscles.

55 minutes \$115 / 85 minutes \$140

Couples Relaxation Special

A couples relaxation massage session done together or one immediately following the first.

55 minutes \$225 / 85 minutes \$275

Mini Warm Towel Face & 30 Minute Massage*

This service incorporates the use of warm towels and a series of massage strokes designed especially for the face. Followed by a 30 minute upper body massage.

40 minutes \$130

Peppermint Foot Twist & 30 Minute Massage*

Relax during an upper body massage. Then experience a soothing foot massage using peppermint foot lotion and an aromatic eye pillow.

40 minutes \$130

Tension Tamer Massage*

A deeper tissue massage focusing on your tight tense areas that need taming for a relaxed mind and body.

55 minutes \$135

Tamer for 2*

Couples session using deeper tissue massage focusing on your tight tense areas that need taming for a relaxed mind and body. Done together or one following the first.

55 minutes \$265

Mommy & Me Pregnancy Massage

A gentle relaxation massage designed to relieve fatigue, tension and stiffness. For your safety and the safety of your child, massage services can only be performed between the 12th and 36th weeks of pregnancy.

55 minutes \$115

Heated Bamboo Massage

Heated sticks of Bamboo are integrated for a firm flowing heated massage experience. The Bamboo sticks will allow the therapist to work deeper into the muscle layers allowing you to relax and let go of muscular tension. Feel it melt away...Ahhhh

55 minutes \$135

Ahh La Body Wraps

Jet Lag Buster*

A wonderful alternative to a full body massage, this treatment is ideally suited for people with chronic muscular neck and shoulder tension, where stress accumulates. Essential oils calm and balance stress levels within the entire body. We begin with a focused massage to the entire back, neck and shoulders. Our detoxification mud is applied to the upper back, neck and shoulder area. As this softens and relaxes muscles, tired feet are gently massaged with cooling, soothing crème.

55 minutes \$150

Detox body wrap*

Surrender to this deeply detoxifying herbal remedy and experience the energy of true inner cleansing. Detoxification starts with a gentle body scrub to remove impurities to prepare your skin for a body wrap containing powerful herbs and essential oils that assist in the elimination of toxins that have built-up in the body. End your journey with a gentle purifying aromatherapy oil application using a unique blend of essential oils. This treatment is ideally suited to refine your skin & boost your metabolism, leaving your body deeply cleansed and your mind with a renewed vitality.

55 minutes \$150

Rejuvenating body delight wrap*

Envelop your body with a deep sensation of serenity and rejuvenation. Embark on your journey with a renewing body polish that removes dead skin cells while feeding the deepest layers of your skin. Next, a highly moisturizing body wrap is applied to nourish, soothe the skin, while protecting the fragile epidermis. A relaxing application of aromatherapy oil to melt away tension and calm the mind. Enjoy this pure moment of well being & healing. This treatment is ideally suited to ease tension and activate the skins natural healing power for soft, rejuvenated skin.

55 minutes \$150

Ahh La Pampered Hands and Feet

Pampered Feet Spa Treatment*

Warm moist heat followed with our renewing body polish will soften and nourish your feet. A foot and lower leg massage with essential oils will help reduce any swelling and fatigue from travel or standing. We apply a nourishing mask to the feet that acts as a fountain of youth for your skin. Finishing with our peppermint foot cream massage your feet will feel refreshed and rejuvenated!

25 minutes \$65 / add on to any service \$55

Nurtured Hands Spa Treatment

Your hands will feel nourished, replenished and relaxed. A gentle hand massage with our nourishing body polish followed with our nourishing mask of essential herbs and oils that act as a fountain of youth for your skin. While the mask is nourishing your hands a gentle massage is applied to your neck, shoulders and arms melting away any tensions. Followed by a revitalizing pampering hand massage...Ah silky smooth hands.

25 minutes \$65 / add on to any service \$55

Add-on to any service

Enhance your wellness experience, add aromatherapy oil and peppermint foot cream to any massage session.

\$40.00

Ahh La Face

Relaxing facial massage

Experience a relaxing facial massage with our gentle organic products. A gentle exfoliation massage for a fresh glow. A hydrating mask followed with a detailed facial, and neck massage. Your skin will look and feel relaxed and refreshed.

25 minutes \$75

Gift Certificates Available

To schedule an appointment call

512-466-5435

Please have ready your reservation number and the hotel/resort that you are staying at.

*Not recommended for pregnant women. For your safety and the safety of your child, massage services can only be performed between the 12th and 36th weeks of pregnancy.

SOME MEDICAL CONDITIONS PRECLUDE US FROM OFFERING SPA SERVICES

Please notify the Booking Agent of any health issues.

Our Spa Service Ahh La Carte Licensed therapist / technician will arrive at your guest suite a few minutes before your scheduled time. We will bring everything needed for your service to be provided in the comfort and privacy of your own suite. No need to travel to a spa. We provide professional, relaxing and convenient spa services for a rejuvenating experience. Our unique spa cart with soothing music, soft lighting and our aromatic products will help transform your suite to a truly tranquil environment. On site, in suite guest services means no rushing, hassle free, complete pampering that nurtures the mind, body and spirit. Whether your traveling for business, vacation, individually or with family our Spa Service Ahh La Carte has an amenity for everyone.

Because of the popularity of our unique services we highly recommend you make an advanced reservation for any of our treatments. Your credit card will be charged at the time services are booked, through Spa Ahh La Carte LLC. We do not accept personal checks, cash or travelers checks.

We accept spa finder gift certificates. Money will not be refunded on the remaining balance of gift certificates. The Spa technicians will have a release form for you to fill out and sign before they start your service. Please be informed if any sort of inappropriate suggestive remarks or behavior occurs your service session will be discontinued and you will be charged in full for your services.

24 Hour Cancellation Policy:

If you cancel your stay please contact Spa Ahh La Carte LLC 512-466-5435, to cancel your spa reservation. The hotel/resort you are staying at is not responsible for notifying us of your cancellation.

Less than 24 hours notice: If appointments are cancelled less than 24 hours of your appointment, 50% of the service will be refunded to the credit card on file.

More than 24 hours notice: A greater than 24 hour notice for a single service cancellation will be refunded. Without such notice, we must charge for services as booked. We can make no exceptions

No Show Policy: As a courtesy to the Therapist, any no shows or failure of notice to cancel will result in a full charge of the appointment booked.

Punctuality: Time is a very precious commodity. Your late arrival for an appointment may result in an adjustment to your service so that we don't run late for our next guest. No shows will be charged in full.

All of our Professional Spa Staff are Licensed and trained in various techniques

An 18% Gratuity will be added to your service at the time of booking.

Services and prices are subject to change without notice.

512-466-5435

