



GRIDDLED

(blueberry, chocolate chip or banana +.75/cake)

BUTTERMILK PANCAKES

tall stack (three) 6
short stack (two) 5
no stack (one) 4

CAKES & EGGS* 2 OF EACH 7.25

BANANA'S FOSTER FRENCH TOAST 11

challah, sautéed banana's in brown sugar & rum, whipped cream & candied pecans

SUB GLUTEN FREE BREAD ON FENCH TOAST +1.00

BENNIES

2 POACHED LOCAL EGGS, HOLLANDAISE
SERVED WITH POTATOES OR CHEESE GRITS

TRADITIONAL*10

Virginia ham, English muffin

PORTOBELLO & SPINACH*10

organic spinach, tomato, cream cheese, English muffin

SEARED SALMON*13

fresh tomato slices, English muffin

GF ON ANY BENNIE- SUB GRIT CAKES FOR ENGLISH MUFFIN

LOCAL CAGE FREE EGGS*

SERVED WITH POTATOES OR CHEESE GRITS - SUB
FRUIT CUP +1.95 EGG WHITES +1.00

SOUTHERN SCRAMBLER 9 GF

pimento cheese, bacon, onion and tomato scrambled
with 2 local organic eggs, served with toast

CHICKEN & WAFFLE 12

over medium egg, maple-sriracha butter

SAUSAGE, GRITS & EGGS* 12 GF

HNG chorizo sausage, sautéed with peppers & onions,
2 local organic eggs, over cheese grits

FARM FRESH BREAKFAST 8.75 GF

2 eggs* any style, choice of meat and toast

3 EGG OMELETS: 9.75 GF

served with toast

CHEF'S FAVORITE: bacon, tomato, spinach,
onion & feta

GARDEN & GOAT: mushroom, tomato,
asparagus, onions, peppers, spinach & 3
graces dairy goat cheese

KITCHEN SINK: you name it we throw it in:
extravagance is extra

SOMETHING GREEN

BREAKFAST SALAD 10.5 GF

rocket, gorgonzola, granny smith apple, dried
cranberries and pine nuts tossed in white balsamic
vinaigrette, topped with seared Virginia ham and an
over medium egg*

SANDWICHES

SERVED WITH POTATOES OR CHEESE GRITS SUB
FRUIT CUP +1.95

SUB GLUTEN FREE BREAD +1.00

BROKEN YOLK SANDWICH 8.5

2 fried local eggs*, bacon, tomato, cheddar,
mayo, grilled sourdough bread

BUTTERMILK FRIED CHICKEN 10

pepper jack, baby greens, brioche

GRILLED PIMENTO CHEESE 9

applewood smoked bacon, challah, tomatoes

SMOKED SALMON BAGEL 12

plain bagel, cream cheese, capers, chopped egg,
red onion and sliced tomatoes

SOMETHING ELSE

BISCUITS & SAUSAGE GRAVY 5

add two local organic eggs* +2.5

YOGURT JAR 8.5 GF

raspberry sauce, greek nonfat yogurt, fresh
berries and golden flax seed

IRISH STEEL CUT OATS 9

housemade pecan granola, brown sugar, fresh
fruit cup & mini oat bran muffin

GF = gluten free

**may contain raw or undercooked food products
Consuming raw or undercooked meats, poultry,
seafood, shellfish, or eggs may increase your risk of
foodborne illness, especially if you have certain
medical conditions.*

**COMPLETE AMERICAN BREAKFAST
BUFFET 14.95**

ENJOY OUR FULL BUFFET SELECTIONS OF:
MADE TO ORDER EGGS, OMELETES AND WAFFLES,
LOCAL MEATS AND CHEESE, FRESH FRUIT &
BERRRIES, CEREALS, YOGURTS, FRESHLY BAKED
BREAKFAST BREADS, MEATS, POTATOES, SWEET
GRIDDLE ITEMS, BISCUITS AND GRAVY, AND
DAILY FEATURED ITEMS

INCLUDES : JUICES, COFFEE & TEAS

**CONTINENTAL BREAKFAST BUFFET
9.95**

INCLUDES: FRUIT, CHILLED MEAT AND CHEESE,
CEREALS, IRISH STEEL CUT OATS, YOGURTS, AND
FRESHLY BAKED BREAKFAST BREADS, JUICES,
COFFEE AND TEAS

SUNDAY BRUNCH BUFFET \$16.95 (11AM-1:30PM)

ENJOY OUR FULL BUFFET SELECTIONS OF:
MADE TO ORDER EGGS, OMELETES AND WAFFLES,
LOCAL MEATS AND CHEESE, FRESH FRUIT &
BERRRIES, CEREALS, YOGURTS, FRESHLY BAKED
BREAKFAST BREADS, MEATS, POTATOES, SWEET
GRIDDLE ITEMS, BISCUITS AND GRAVY, AND
DAILY FEATURED ITEMS. WITH AN ADDITION OF
OUR SMOKED GUODA SHRIMP & GRITS STATION
AND BUTTERMILK FRIED CHICKEN

[6:30 AM — 10 AM] MONDAY — FRIDAY]

[6:30 AM — 12PM] SATURDAY]

[6:30 AM — 1PM] SUNDAY]

FRESH FRUIT 3.5 cup / 5.5 bowl

JUST BERRIES 5 cup / 8 bowl

OATS & BROWN SUGAR 6

**CHEESE GRITS OR BREAKFAST POTATOES
2.5**

**BACON, SAUSAGE, HAM, TURKEY SAUSAGE
OR VEGGIE SAUSAGE 3.5**

CEREAL, MILK & BANANA 4

TOAST & JAM 2.5

BAGEL & CREAM CHEESE 4

KIDS BREAKFAST

INCLUDES SMALL JUICE OR MILK

BIG PLATE 6

1 egg, 2 pcs bacon, toast with peanut butter or jam

2 EGG CHEDDAR OMELET & POTATOES 6

**GRILLED CHEESE SANDWHICH &
POTATOES 6**

FRENCH TOAST 5

2 slices with powdered sugar, butter and maple syrup

CHOCOLATE CHIP PANCAKES 5

silver dollar style with butter and maple syrup

KIDS SPA 5

cereal, banana and mini muffin

STRAWBERRY-PEACH SMOOTHIE 5

COFFEE, TEA, SODA, MILK 2.75

JUICES 3.5

orange, apple, cranberry, tomato, V-8, grapefruit

HOT CHOCOLATE with whipped cream 3.50

we serve Naturà Filtered or Sparkling Water

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SIDES

BEVERAGES