



emerge
brighter



perfecting

your journey

eforea SPA at Hilton Barbados Resort is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea SPA are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.



journey *enhancements**

head & face

Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

25MIN

shoulder, neck & scalp

Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

25MIN

feet

Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

25MIN

* **Stand-alone Treatment** \$50
Scheduled by itself for guests who want to sample our spa offering.

* **A La Carte** \$35
Added to full-duration services
(minimum booking time of 50+ minutes).



essentials

journey



HYLUNIA

Hydrated. Radiant. Healthy. Beautiful. Your skin will feel all this and more when you use our facial care products.

All our ingredients are specially selected and formulated to give you products that are natural and effective. So go

ahead—try us. We dare you.

face

Correcting Facial

80MIN \$150

(Fruitzyme Rejuvenating Facial)

Create a tranquil feeling that leaves your skin glowing and your mind and body in a state of true Caribbean bliss. This ritual includes a relaxing aromatic experience where you will choose the perfect booster to complement and bring balance to your specific needs.

Hydrating Facial

50MIN \$115

(Hyaluronic Facial)

See firmer, younger looking skin with this antioxidant-rich firming facial. Plump and restore elasticity with hyaluronic acid. Leave skin soft, firm, smooth, and revitalized.

Sensitive Skin Facial

50MIN \$130

(Green Tea Restoration Facial)

Calm, heal, and soothe skin with this green tea and aloe vera facial promoting balance for sensitive skin.

Anti-Aging Facial

80min \$165

(Vitamin C Facial)

Instantly transform skin by removing lifeless skin cells and build collagen and elastin through this powerful skin treatment. Dramatically improved tone, texture, and elasticity in just one treatment. Your complexion will glow while looking more youthful and radiant. Emerge Brighter.

Antioxidant Facial

50min \$110

(Grape Seed Facial)

This facial treatment uses ground grape seeds that exfoliate to reveal healthier looking skin. Infused with powerful antioxidants, your skin will radiate with a healthy glow.

Quartz Hydrating Facial

80min \$140

Unwind in the warmth of the therapeutic Quartz sand. Your face takes a journey to emerge brighter, firmer, and revitalized. Hyaluronic acid will work to hydrate pump and restore elasticity, leaving you with a younger looking skin.

massage

Sports Massage

50MIN \$110

Perfect for the sports enthusiast, this deep-tissue massage alleviates muscle soreness, aches, and pains using specific techniques.

Quartz Sensational Sand Massage

50/80MIN \$125/\$175

The MLX Quartz uses a base of alpha-quartz sand, which is warmed to the desired temperature. Based on the ancient Greek concept of 'psammotherapy' which uses warm sand to alleviate pain and promote comfort, as the client reclines, the warm sand flows around and envelops the body releasing muscular tension.

body

Hydrating Body Treatment

50MIN \$110

Diminish the visible effects of skin aging while restoring hydrating to your skin. Our luxury body treatment will deeply replenish your skin with nourishing antioxidants, leaving the skin with a supreme glow.

Quartz Hydrating Body Treatment

50MIN \$125

Be renewed by replenishing the moisture with the wonders of hyaluronic acid and allow the mango aroma to take you away as the highly effective healing properties of the Quartz sand soothes body and soul.



escape
journey



HYLUNIA

Feel beautiful, soft and radiant all over. All of our ingredients are specially selected and formulated to bring

you products that are natural and effective. So go ahead - indulge your senses, without compromising on results

or your skin's safety.

massage

body

Hot Stone Massage

80MIN \$120

Gentle strokes with heated basalt stones will help the muscles to relax through heat therapy in this tranquil massage.

Custom Caribbean Massage

80MIN \$150

Using a variety of and rhythmic Caribbean movement's techniques, and pressures, designed by your professional therapist this customized massage will allow your body to heal and you to emerge brighter.

Caribbean Escape

80MIN \$175

Custom Massage with an Avocado and Moringa body scrub.

Detoxification Body Treatment

80MIN \$198

Caribbean Seaweed massage cream rich in anti-oxidants and detoxification properties.

Deep Exfoliation Treatment

50MIN \$100

Invigorate your skin with Julie Mango & Guava polish in this stimulating body scrub with tropical botanicals to uplift your wellbeing. Enjoy your youthful glow and emerge brighter.

Caribbean Hydrating Body Treatment

50MIN \$100

Loaded with anti-aging antioxidants our Cacao rich clay masque will leave you hydrated from head to toe.

Spa Packages

Romantic Getaway

2HRS \$380

This romantic getaway includes the eforea signature couples massage (50 minutes) with a mineral salt scrub (50 minutes). Relax afterwards with a bottle of wine and chocolate strawberries.

EFOREA Quartz Combo

3.5HRS \$350

The MLX Quartz uses a base of alpha-quartz sand, which is warmed to the desired temperature. Based on the ancient Greek concept of 'psammotherapy' which uses warm sand to alleviate pain and promote comfort, as the client reclines, the warm sand flows around and envelops the body releasing muscular tension. This beautiful combo includes a Hydrating Facial, Body treatment and massage.

Emerge Brighter

4.25HRS \$340

Open the gateway to a new you and experience the eforea experience. Indulge yourself with a customize facial, Swedish massage, eforea signature manicure and pedicure.

Treatments quoted in US currency only.

IN PREPARATION OF EFOREA

HOW TO SPA

At eforea, we value our reputation as a spa that both excels in technical services and creates an atmosphere of genuine caring and consideration for your well being. Please don't hesitate to approach one of our spa representatives if you need any assistance or have any questions. We are here to help.

FOR YOUR COMFORT

We request that you disclose any medical conditions and/or prescription medications, as some services may be contraindicated. Please advise our professional staff of any allergies or sensitivities or if you are pregnant. Our therapists are highly trained to be sensitive to your comfort and modesty at all times. For the comfort of all of our clients, eforea SPA is a smoke-free environment. So you may fully enjoy your spa experience, and as a courtesy to other guests, cell phone should be turned off.

Robes and slippers are provided to help you relax during your stay in the spa. For the protection of your clothing, we ask that you wear the robe that is supplied. Please place it in the hamper at the conclusion of your service. We regret that we cannot be responsible for the loss or damage of personal articles. We recommend that you leave your valuables at home or in your hotel room. Please keep all valuables with you during your appointments.

Select services are not available to book online; please contact the spa recreation. To secure your appointment, we will request a credit card or gift certificate number. However, you can pay for your services on the day of your appointment with cash, check, credit card or gift certificate.

Appointments can also be booked by calling the eforea SPA.

 (246) 227-5544 or
book online at www.eforeaspa.com

CANCELLATION POLICY

We ask that you notify us at least four hours in advance if you need to cancel or reschedule. The full service will be charged to any late cancellations or no-show appointments.

ARRIVAL & FACILITIES

Give yourself plenty of time to check-in and enjoy our sauna and relaxation lounge by arriving 20 minutes prior to your treatment time. This will relax and warm your muscles, aiding in the therapeutic benefits to your services. Both in consideration of our other guests and in order for you to receive your full service, being on time for your appointment is greatly appreciated.

AGE REQUIREMENT

The Spa is an adult-oriented atmosphere; therefore we are not able to accept appointments for children under the age of 16 years, unless accompanied by a parent. Children under the age of 18 are not allowed in the spa unless they are receiving services. Children under the age of 18 may need a signed waiver and/or accompaniment by a parent or adult guardian for services. Online bookings cannot be made by or for children under 18 years of age. Please contact the spa for further information.

GIFT CERTIFICATES

An eforea SPA gift certificate makes a wonderful gift for any special occasion or holiday. Gift certificates are not refundable, not transferable or redeemable for cash or credit. Please review all terms and conditions.

GRATUITIES

A 10% service charge is automatically applied to your bill. Gift certificates do not include gratuity unless noted otherwise.

Private Events & Parties

Private events or Group reservations are subject to contractual agreements. Please contact eforea SPA reception for further details.