

# SKYLINE

SPA & HEALTH CLUB



WELCOME TO THE  
SKYLINE SPA & HEALTH CLUB  
LOCATED ON THE 23RD FLOOR OF HILTON AMERICAS-HOUSTON.

A photograph of a modern reception desk with a curved wooden front and a dark countertop. On the wall behind the desk is the Skyline Spa & Health Club logo. The desk is decorated with a stack of white towels, a small basket of oranges, and a vase with white flowers. The background wall is light-colored with a subtle pattern.

SKYLINE  
SPA & HEALTH CLUB

**INDULGE YOURSELF.**

Skyline Spa offers an extensive menu of luxurious body, facial and massage treatments, all designed with the lives of busy corporate professionals in mind. There are treatments just for him, such as the Gentleman's Facial and the Deep Tissue Massage, and superbly pampering services just for her, including the Signature Facial and the Luxe for Her package.

Skyline's full-service salon features floor-to-ceiling windows with beautiful city views. The salon offers spa manicures, pedicures, gentle hair removal and various hair services, including shampoo, style and color. Whatever your skin type, Skyline also offers a complete range of high-performance face and body products, offering the best possible balance between pleasure and effectiveness.

**SKYLINE SPA HOURS:**

**MONDAY** 12PM - 7PM

**TUES - FRI** 8AM - 8PM

**SAT - SUN** 9AM - 7PM

**SKYLINE HEALTH CLUB HOURS: 24-HOUR ACCESS**

Packages and gift certificates are also available. Please inquire at our reception desk.

# GENTLE HAIR REMOVAL

Professionally certified aestheticians provide all-natural Gentle Hair Removal services for the following areas:

ARMS	\$45	FULL LEG	\$70
BACK	\$70	UNDERARMS	\$30
BROW	\$20	BIKINI	\$50
FACE	\$45	BIKINI PLUS	\$65
HALF LEG	\$45		

# HAIR SERVICES

Skyline Salon offers a full range of hair services for men and women, including:

SHAMPOO & STYLE	\$50 AND UP
LADIES' CUT & STYLE	\$65 AND UP
GENTLEMEN'S CUT	\$35 AND UP
CHILDREN'S CUT	\$35 AND UP
SPECIAL OCCASION STYLE	\$75 AND UP
HIGHLIGHTS (HALF)	\$85 AND UP
HIGHLIGHTS (FULL)	\$125 AND UP
ONE PROCESS COLOR	\$65 AND UP

# SKYLINE HEALTH CLUB

Skyline Health Club features panoramic downtown views, advanced Precor fitness equipment, a wide variety of free weights and an array of the latest in strength training equipment. Flanking each fitness machine, 16" flat screen monitors with headset plug-ins insure you'll never miss breaking news. Locker rooms are lavishly appointed with amenities that include dry and steam saunas.

Enjoy convenient private stairway access to the 24th floor heated, 75-foot indoor Infinity pool and oversized whirlpool.

**SKYLINE HEALTH CLUB FEATURES 24-HOUR ACCESS.**



# SKYLINE SPA PACKAGES

## THE SKYLINE EXPERIENCE

4 HOURS \$375

Skyline's premiere indulgence package. Experience a trilogy of luxurious skin and body treatments, beginning with the Awaken Facial to revitalize your skin, followed by an Exfoliating Wrap to polish and refine the skin. Next you will be treated to a 50-minute Signature Massage. Your pampering finale is a soothing Classic Manicure and Pedicure in the salon as you enjoy majestic city views.

## LUXE FOR HER

3 HOURS \$260

This popular package was designed with pampering in mind. The Luxe begins with the Awaken Facial, followed by the relaxing Swedish Massage. Finish up with your choice of a Signature Manicure or Pedicure.

## LUXE FOR HIM

3 HOURS \$260

This journey is just for him. Begin with the Gentlemen's Facial, then move to the Deep Tissue Massage to soothe sore muscles. Finish up with your choice of Hot Stone Manicure or Pedicure.

## ROMANTIC RETREAT

2 HOURS \$375

Enjoy this decadent package for two with someone special. Begin with Skyline's Couples Swedish Massage. Once fully relaxed, you'll be pampered with the Awaken Facial while the natural glow of your loved one's skin is revealed with an aromatic Exfoliating Wrap. Truly a luxurious experience.

## SPA EXPRESS

1 HOUR \$125

This package includes a Refresher Massage, followed by the Revive Mini Facial. Just enough to get you going.

## MASSAGE

### SIGNATURE MASSAGE

50 OR 80 MINUTES; \$120 OR \$175

Skyline's most indulgent massage ever. Choose from a collection of aromatic oils to enhance your Therapeutic Massage, customized especially for you. Experience deep relaxation as the feet are treated to heated towels and a pressure point massage.

### HOT STONE

50 OR 80 MINUTES; \$120 OR \$175

Eliminate stress and restore energy with this incomparable massage where heated stones provide a deep penetrating warmth to soothe and relax your muscles.

### DEEP TISSUE

50 OR 80 MINUTES; \$110 OR \$160

Using slow movement and deep pressure, this massage focuses on realigning the deeper layers of muscle and fascia while concentrating on areas of tension and pain.



## SPORTS

50 OR 80 MINUTES; \$110 OR \$160

To enhance performance or minimize recovery time, this massage stretches the muscles to allow for maximum movement and relaxes muscles to give relief from over-exertion. It also incorporates heating and cooling gels upon request.

## PRENATAL

50 OR 80 MINUTES; \$110 OR \$160

A soothing massage that focuses on the many stressors the body encounters during pregnancy (13 weeks and later).

## SWEDISH

50 OR 80 MINUTES; \$95 OR \$145

A soothing traditional massage. This classic full body massage combines long gliding strokes with the kneading of muscles to provide relief from tension, promote circulation and improve muscle tone.

## REFRESHER

25 MINUTES \$65

This targeted treatment focuses on the most stressed-out part of your body.

## REFLEXOLOGY

25 OR 50 MINUTES; \$65 OR \$110

A targeted treatment of hands or feet. Used to create relaxation, reduce pain and improve blood flow. The 50-minute service treats both the hands and feet.

## COUPLES MASSAGE

50 OR 80 MINUTES \$25 SURCHARGE

Enjoy all the benefits of massage with the comfort and company of a special loved one or friend in the couple's suite. There is a flat surcharge applied to any 50 or 80-minute massage of your choice.

## IN-ROOM MASSAGE

50 OR 80 MINUTES \$35 SURCHARGE

Any of Skyline's massages (with the exception of the hot stone) can be performed in the comfort of your guest room. There is a flat surcharge applied to the cost of any 50 or 80-minute massage of your choice.

SCALP MASSAGE 15 MINUTES \$15

Enhance any massage with an additional 15 minutes focused directly on the scalp.



## AROMATHERAPY

\$10

Choose from a collection of aromatherapy oils to enhance your massage.

# BODY TREATMENTS\*

## SIGNATURE BODY TREATMENT

80 MINUTES \$135

Melt away rough and dry skin with handmade organic sugar scrubs that exfoliate and hydrate your skin. You'll then be wrapped allowing the treatment mask to penetrate deeply providing the nutrient qualities you desire. While the masque sets, you'll receive a relaxing scalp and facial massage along with a soothing foot massage. You'll end your treatment with additional body massage using lotions designed to enhance and continue the benefits of your treatment long after it's done.

## EXFOLIATING WRAP

50 MINUTES \$110

A luxurious body polish, utilizing handmade organic sugar scrubs, is followed by a cocooning wrap to leave you feeling silky smooth and absolutely glowing. Enjoy your choice of a relaxing scalp massage or soothing foot massage during your treatment.

\* Body Treatments include your choice of Hydrating or Anti-Aging & Firming Therapies.

# FACIALS

Plunge the senses into Skyline's Eminence Organic products, which deliver powerful and corrective results. All facials are customized to your skin type.

## SIGNATURE FACIAL

80 MINUTES \$175

Reveal younger, smoother, detoxified skin with the spa's most indulgent facial. Cleansing, exfoliating, toning and extractions are followed by a decadent massage to the face, neck, shoulders, arms and hands. After your masque you'll be treated to a vitamin-infused serum and specialized treatments to the delicate eye and lip areas.

## AWAKEN

50 MINUTES \$120

Designed to promote and maintain a natural and healthy glow. This pampering facial includes an enzyme exfoliation to remove pollutants and dull surface skin cells, a luxurious facial massage and a masque to rejuvenate and nourish your skin.

## GENTLEMEN'S CHOICE

50 MINUTES \$120

Designed to treat male skin. This facial uses nutrient rich organic agents to cleanse, tone, exfoliate and moisturize neglected skin leaving it replenished and recharged. Enjoy a scalp, neck and shoulder massage during a customized masque.

## REVIVE

25 MINUTES \$75

The ultimate quick fix that cleanses, tones, exfoliates and hydrates.

## TURN YOUR BACK

50 MINUTES \$120

Show an impurity-free back with this amazing treatment that includes cleansing, exfoliation and extractions. A relaxing massage is followed by a purifying masque, finished with moisturizer to refine the skin.

## CHEMICAL PEELS

AVAILABLE AS A 25-MINUTE SESSION OR A SERIES OF FOUR TREATMENTS \$75 OR \$250

Exclusive peels are customized to target your skin's specific needs. These peels are designed to dramatically improve the texture and appearance of the skin.

# FACIAL ENHANCEMENTS

## MICRODERMABRASION

15 MINUTES \$35

Tiny exfoliating crystals are sprayed on the skin to reduce lines, acne scars, and pigment changes, helping to contract pores and enhance skin texture.

## LED LIGHT THERAPY SYSTEM

15 MINUTES \$35

Tightens pores, diminishes the appearance of fine lines, wrinkles, age spots and promotes collagen regeneration.

## EYE LIFT MASQUE

15 MINUTES \$20

Reduce puffiness, dark circles and minimize wrinkles and fine lines.

## LIP CARE

15 MINUTES \$20

The perfect remedy for dry, chapped lips and is ideal to help combat the signs of aging around the mouth.

## HAIR REMOVAL

TIMING AND PRICING BY BODY AREA

Add a gentle waxing treatment to remove any unwanted hair.

## NECK AND SHOULDER MASSAGE

15 MINUTES \$15

Extend the massage time of your facial by including your shoulders, adding additional relaxation to your treatment.



## NAIL SERVICES

### SIGNATURE MANICURE

50 MINUTES \$50

Your hands will feel ultra pampered with this intensely hydrating, exfoliating and nourishing spa manicure. After a gentle exfoliating sugar scrub, your hands will be fully moisturized with a soothing masque and soaked in warm paraffin. A calming hand and arm massage followed by polish application complete your treatment.

### SIGNATURE PEDICURE

55 MINUTES \$65

Tired feet are rejuvenated with this luxurious pedicure. Attention to calluses and cuticle work is followed by an exfoliating sugar scrub. Your feet will then be fully moisturized with a soothing masque and soaked in warm paraffin. A calming foot and leg massage followed by polish application complete your treatment.

### CLASSIC MANICURE

35 MINUTES \$30

This traditional manicure includes a refreshing hand soak, light cuticle work, nail shaping, moisturizing and polish application.

### CLASSIC PEDICURE

35 MINUTES \$45

This traditional pedicure includes an invigorating whirlpool foot spa, light callus and cuticle work, nail shaping, moisturizing and polish application.

### HOT ROCK PEDICURE

55 MINUTES \$75

Great for circulation and relaxing sore muscles, this pedicure includes the steps of our Signature Pedicure, with the addition of warm stones during the foot and leg massage.

### NAIL ENHANCEMENTS

POLISH CHANGE \$15

GEL NAIL APPLICATION \$15

GEL NAIL REMOVAL \$5 WITH MANICURE;  
WITHOUT MANICURE \$10

FRENCH TIPS \$10

PARAFFIN \$5



# ABOUT YOUR SPA EXPERIENCE

## TO MAKE THE MOST OF YOUR SPA EXPERIENCE...

Arrive at least 15 minutes prior to your appointment to change and complete a pre-treatment questionnaire.

You are encouraged to specify such preferences as male or female therapist and other issues related to your treatment.

Dress comfortably for ease when changing into the spa's robe and slippers. Treatments requiring headbands or caps may interfere with hairdos or makeup.

Leave valuables, money and jewelry in your room or at home. Lockers are provided for your attire, however Skyline Spa is not responsible for lost or stolen items.

Smoking is strictly prohibited anywhere in Skyline Spa, including the locker room.

Cancellation deadline is four hours prior to your appointment. Your time will be held for 15 minutes before cancelling. Late cancellations and no-shows will be charged full rate. Treatment for late arrivals will end at the originally scheduled time.

Do enjoy the steam room and dry sauna in your locker room and the 24th floor whirlpool and heated Infinity pool.

If you are pregnant, using medications, or have any health issues, please alert the staff in your pre-session conference.

No children under 17 permitted unless receiving a treatment. Children under the age of 17 receiving treatment must be accompanied by a parent or guardian.

Drink plenty of water after any skin or body treatment to flush the toxins from your system.

For your convenience, a 20% service charge will be added for each service you receive. Additional gratuities may be provided at your discretion.

Returns are accepted on purchased merchandise within 30 days; receipt is required.

Gift certificates are available in the Skyline Spa & Health Club reception area.

Located on the 23<sup>rd</sup> floor of



**Hilton**  
AMERICAS-HOUSTON

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