

CHECKERS

D O W N T O W N L A

Hilton Eat Right

Fresh Fruit Yogurt Crunch \$14

granola topped with vanilla yogurt and fresh mixed fruit & berries

Calories 630

Breakfast Wrap \$13

scrambled egg substitute with zucchini, summer squash, tomato salsa, and baby spinach wrapped in a warm flour tortilla

Calories 290

Caprese Eggs Benedict \$14

english muffins topped with poached eggs, tomato slices, fresh mozzarella cheese, homemade pesto

Calories 310

Granola Parfait \$12

Seasonal berries, vanilla yogurt, crunchy granola

Calories 270

Greek Omelet (gluten free) \$14

egg whites, sautéed tomatoes, spinach, feta cheese

Calories 320

Beverages

Juice small \$4, large \$5.25

orange, apple, cranberry, tomato, grapefruit

Organic Coffee, Tea, Hot Chocolate or Espresso \$4.50

Double Espresso, Cappuccino or Cafe Latte \$6.50

On the Side

Applewood Smoked Bacon, Sausage or Grilled Ham \$5

Toast, Pastry or Bagel \$4.50

Potatoes or Avocado (half) \$3.50

Checkers Continental Breakfast \$15

*low fat vanilla yogurt with granola, fresh fruit skewer, served with your choice of toast, bagel, english muffin, breakfast pastries, blueberry muffin, cereal or oatmeal
organic coffee or tea
juice or milk*

no substitutions

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D O W N T O W N L A

Hot & Cold

Seasonal Fruits and Berries \$9.50
selection of locally grown sweet fruits

Bread Basket \$8
toast, muffins, breakfast pastries (selection of three)

Split Ruby Red Grapefruit \$8
raw or gratin

Smoked Salmon Bagel \$16.50
shaved onion, capers, tomato, herbed cream cheese

Selection of Cold Cereals \$7

Oatmeal \$10

Buttermilk Pancakes \$13
plain, chocolate chip, berry

Belgium Waffle \$ 13.50

Brioche French Toast \$14.50
caramelized pineapple, cinnamon crème

Cracked Eggs and Broken Yolks

Classic Eggs Benedict \$18.00
english muffin, canadian bacon, hollandaise

Wet Breakfast Burrito \$14.50
chorizo, potatoes, onion, cheese

3 Egg Omelet \$16.50
choice of ham, bell peppers, tomatoes, mushrooms, bacon, onions, spinach or cheese

2 Eggs Your Way \$12
served with potatoes and toast

Huevos Rancheros \$16.50
black beans, chorizo, avocado

7oz. Ribeye and Eggs \$24.50
served with potatoes

Full American Breakfast \$20
*two eggs, toast, potatoes
or
buttermilk pancakes
or
belgium waffle
served with your choice of
applewood smoked bacon, ham
or sausage
organic coffee or tea
milk or juice*