



BOWL FOOD MENUS
[MINIMUM OF 50 PERSONS]

-1-

Chickpea and Butternut Squash, Sumac Aubergine Salad
Sweet and Sour Greenland Prawns with Peppers and Red Onion

Navarin of Lamb with Baby Onions, Parsley Parisienne Potato
Grilled Swordfish with Roasted Mushrooms and French Beans, Green Chilli Dressing
Potato Gnocchi with Roasted Butternut Squash, Spinach and Pine Nut

Assorted Chocolate Tarts
Passion Fruit and Raspberry Mousse

Freshly Brewed Coffee and Selection of Teas

-2-

Char Grilled Asparagus and French Beans Mimosa
Five Spice Beef Salad

Chicken Tikka Masala Curry, Fried Shallot Basmati Rice
Grilled Tuna Provencal
Fusilli Giganti Pasta with Baby Spinach and Rocket Red Pesto Dressing

Chocolate and Orange Cakes
Assorted Crème Brûlées

Freshly Brewed Coffee and Selection of Teas

-3-

Crunchy Salad with Crispy Shallots
Smoked Salmon and Cottage Cheese, Lightly Pickled Cucumber

Red Thai Beef with Red Onions and Ginger Rice Noodles
Mini Fish and Chips
Pumpkin and Goat Cheese Tortellini, Roasted Peppers and Red Chard, Parsley
Dressing

Assorted Apple Tarts
Caramelia Dacquoise

Freshly Brewed Coffee and Selection of Teas



-4-

Greek Salad
Crispy Duck Salad with Grated Carrots and Chinese Cabbage, Wasabi Dressing

Pork and Chorizo Ragout with Roasted Potatoes and Peppers
Salt and Pepper Squid with Shitake Mushroom and Pea Basmati Rice
Pumpkin Risotto with Amaretti Biscuit and Pine Kernel

Limoncello Slice
Assorted Cherry Tarts

Freshly Brewed Coffee and Selection of Teas

-5-

Rocket, Baby Spinach, Spring Onion and Cucumber, Edamame Beans Salad
Smoked Streaky Bacon and Potato with Olives and Capers Salad

Spicy Crispy Chicken with Black Peppered Egg Noodle
Cajun Salmon with Basmati and Wild Rice, Sour Cream and Spring Onion Dressing
Ginger and Tofu Egg Noodle

Assorted Fresh Fruit Tarts
Praline and Pistachio Cakes

Freshly Brewed Coffee and Selection of Teas

-6-

Baby Gem and Pea, Beetroot and Ham Salad
Blueberry and Herbs Quinoa Salad

Beef Ragout "Forestiere" with Noisette Potatoes
Steamed Sea Bass with Warm Peas and Sun Blushed Tomato, Lentil Salad, Kale and
Capers Pesto

Vegetables Korma with Basmati Rice

Assorted Fruit and Chocolate Mousse
Cookies and Cream Cake

Freshly Brewed Tea or Coffee

Freshly Brewed Coffee and Selection of Teas