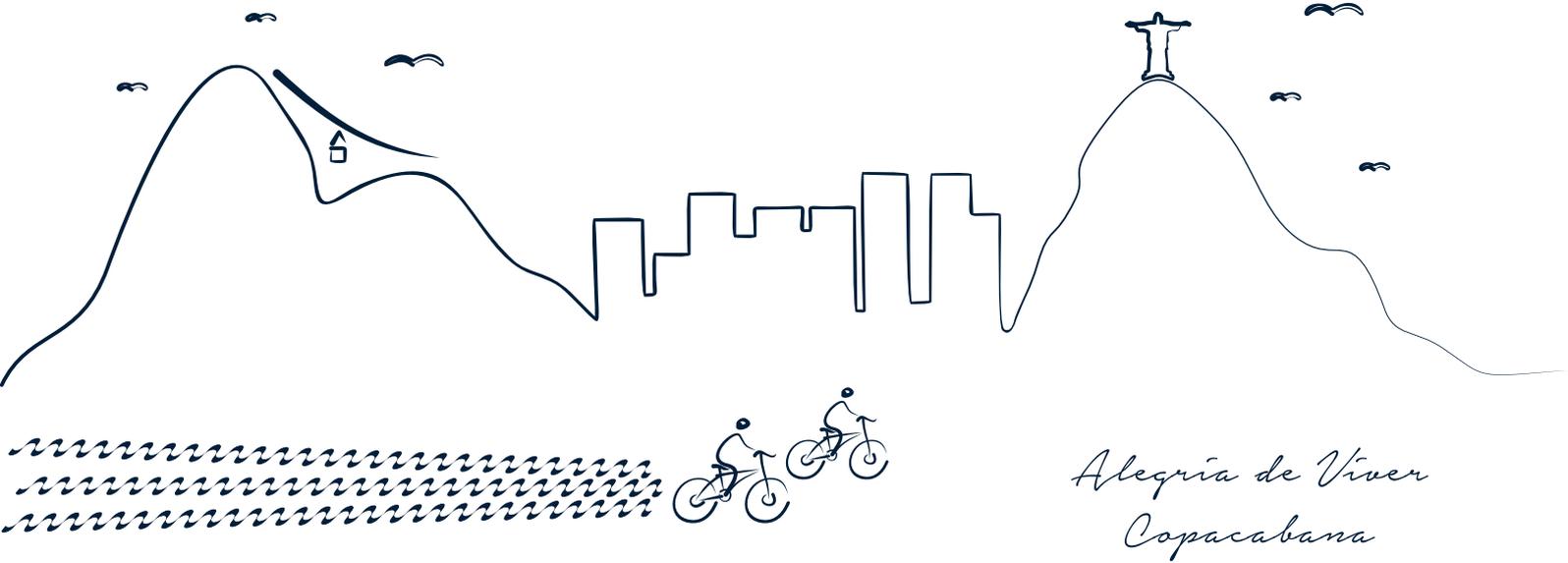




SPA COLLECTION



# JOY OF LIFE

The Joy Spa Collection at Hilton Copacabana blends Brazilian's traditions, rituals and ingredients that combine beauty and wellbeing in each treatment. Inspired in the carioca way of living and taking care of himself, this urban retreat, in the heart of Copacabana, waits for you.

Enjoy five treatment rooms, two spa suites, relaxing area, spa bar, vichy shower, sauna, steam, gym with high tech equipment's and pilates. Customized packages that combine body, facial and relaxing treatments, mud therapy and the traditional Brazilian banho de cheiro.

## CARIOCA WAY SIGNATURE

*A la carte & groups*

Targeting specific body zones, these massages are ideal for those who desire to relieve located tension:

### SHOULDERS, NECK & HAIR SCALP

*25 min*

Inspired in Indian and Balinese massages, relaxes and perfumes body and mind.

### SHOULDERS & BACK

*25 min*

A combination of finger pressure points and Swedish massage maneuvers.

### FACE & HAIR SCALP

*25 min*

Perfect for those who wish to relax the anemones and try the real Brazilian cafuné.

### PÉ DE MOLEQUE SIGNATURE

*25 min*

Delight yourself with this massage that, through finger pressure points on feet and legs, and with a refreshing and light texture combination of andiroba and capim limão oils relieves tiredness.

### ROOFTOP POOL RELAX MASSAGE

*50 min*

Relaxing massage inspired in Swedish technique.

## SPA PASS

SPA PASS WEEK

SPA PASS WEEKEND

*#unforgettablemoments*

# MASSAGE

## PRINCESINHA DO MAR SIGNATURE *50 min/80 min/100 min*

This deeply soothing massage with synchronized movements eliminates muscle tension and releases the blood flow and toxins from aching muscles.

## MENINO DO RIO SIGNATURE *50 min/80 min/100 min*

Designed to relax and touch the senses, this massage combines the application of heated sea shells on back and shoulders, followed by our capim limão aroma relaxing massage.

## DEEP TISSUE MASSAGE *50 min/80 min/100 min*

Stimulates blood flow and eliminates nodule build ups, tensions and muscle pain.

## HOT STONES *80 min*

Relax gradually through the nice warmth of volcanic stones, massaging your muscles and spreading a wellbeing sensation through the whole body.

## LYMPHATIC DRAINAGE *50 min*

Designed to boost the lymphatic system and circulation eliminating toxins through the lymph and kidneys. This massage penetrates in a tender way through combined maneuvers.

## MIX AND MATCH *60 min*

An exotic massage that combines relaxing touches from Bali, India and Japan with the Brazilian modeling massage technique, stimulating the energy points and acting over fat, flaccidity and cellulite areas.

# FACE

## BRAZILIAN TREASURES: DIAMOND *50 min*

Indicated for all kinds of skin this treatment, with diamond mask, stimulates cell longevity and collagen production, restoring youth signals with intensive action.

## BRAZILIAN TREASURES: GOLD *50 min*

Anti aging treatment, with the use of gold mask, ideal to revitalize the skin, living it radiant. With lipolifting action, helps improve skin elasticity.

## BRAZILIAN TREASURES: SAPPHIRE *50 min*

Perfect for dry skin. Restores maximum possible nutrition, leaving the skin glowing thanks to the sapphire particles and hyaluronic acid.

*#unforgettablemoments*

# SIGNATURE PACKAGES

## CIDADE MARAVILHOSA

*100 min*

A perfect treatment for those who want complete relaxation, explore Brazilian stones and ingredients and restore energy to discover Rio's enchantments.

- Head to toe massage
- Facial Massage & Moisturizing
- Tasting & Relax, with coconut water

## JOY OF LIFE

*100 min*

This exclusive treatment is a real elixir that unites andiroba and capim limão. During massage a gentle andiroba cream application takes care of tired feet.

- Head to toe massage
- Feet Moisturizing
- Tasting & Relax, with coconut water

## CARIOCA BEAUTY

*120 min*

Cupuaçu is a fruit known as Amazon Taste. From it's seeds is extracted a nourishing and repairing butter. It's application gives back the skin a delicate shine.

- Vichy shower with body scrub
- Manual lymph drainage
- Located Body Moisturizing
- Tasting & Relax, with coconut water

## CARIOCA SUN KISSER

*120 min*

Surrounded by Bossa Nova rhythm, this spa ritual combine's aloe vera and coconut water with deep hydration and massage to restore the skin that enjoyed hours at the beach.

- Princesinha do Mar signature treatment
- Body Wrap
- Tasting & Relax, with coconut water

## CHILL OUT TEEN SPA PACKAGE

*80 min*

This delightful combination includes a 30 minutes massage and the teen facial that includes deep cleansing, toning, steam, moisturizing mask and a facial massage.

## CHILL OUT TEEN SPA WITH FRIENDS

*80 min*

This perfect combination for 2, 3 or 4 friends enjoy a head to toe massage and a delightful spa pedicure with exfoliation, shaping, buffing, a stress relief massage and cuticle maintenance and your choice of polish.

*#unforgettablemoments*

# BODY

## CACAU & CUPUAÇU RITUAL

*60 min*

This treatment has nourishing and repairing action. It's application, rich in antioxidant phytonutrients helps skin recovery and combats it's natural aging.

## AÇAI RITUAL

*60 min*

This treatment revitalizes skin, turning it soft and healthy looking.

## ANDIROBA RITUAL

*80 min*

This treatment reduces body swelling, the feeling of tired legs and hydrates the whole body, balancing the skin defending mechanisms.

# MIX & MATCH

*Relax & Beauty in a Moment*

## ANTI-CELLULITE

*60 min*

A perfect combination between the riches of the sea and the exclusive massage technique make this treatment essential to combat cellulite.

## ANTI-SAGGING

*60 min*

Algae and vitamins unite in this powerful body treatment that tones and smoothes. This treatment helps decongest the lymphatic system and to nourish the skin.

## REDUCER

*90 min*

A body mask rich in algae and marine sediments helps the body to eliminate toxins while promotes transpiration and stimulates metabolism.

*#unforgettablemoments*

# FAMILY SPA SUITE

## SPA KIDS *50 min/80 min/100 min*

Spa Kids offers a wide array of spa services catered to pampering that special little one in your life. They deserve. Make your reservation. Come and see for yourself.

## PRINCESS MASSAGE *30 min/50 min*

Soft massage focused on the head, shoulders and back using aromatic oils. Perfect to relax and take you to a peaceful sleep.

## RAINBOW FACIAL *20 min*

Facial moisturizer treatment for you discover the delights of face care treatment.

## SPA TEEN *50 min/80 min/100 min*

Full spa experience for teenagers. Make your reservation and find out the body and mind treatments specially designed for you.

## TEEN RELAX MASSAGE *30 min/50 min*

The classic Swedish technique focuses on the neck, back, arms and legs and is a quick and easy stress relief massage. Ideal for first time spa-goers.

## TEEN FACIAL *50 min*

After a day on the beach, you'll be ready for this facial designed especially for teens. The relaxing treatment includes cleansing, toning, steam, moisturizing mask and a facial massage. Designed to accommodate all skin types.

## *SUGGESTION SPA KIDS & SPA TEEN*

- Mini Massage and Spa Mani. 50 min*
- Mini Massage and Facial. 80 min*
- Massage, Mini Facial and Spa Mani. 100 min*

## SPA MANI AND SPA PEDI *Manicure 20 minutes/Pedicure 30 minutes*

Our talented nail technicians will pamper your hands and feet with exfoliation, buffing, a stress relief massage, cuticle maintenance and your choice of polish.

## RAINBOW HAIR AND MAKE UP *30 min/50 min*

*#unforgettablemoments*

# SPA SUITE

## SPA FOR TWO

*50 min/80 min/100 min*

Take a few moments of relaxation and pleasure trying the Spa Suite with free choice of treatments. The treatments are customized with aromas, ingredients and techniques according to your convenience.

*Suggestion:*

- *Princesinha do Mar or Menino do Rio massage relax. 50 min*
- *Welcome ritual, Pé de Moleque and Princesinha do Mar or Menino do Rio massage. 80 min*
- *Welcome ritual, jacuzzi, vichy shower and Princesinha do Mar or Menino do Rio massage. 100 min*

## HONEYMOON

*100 min/120 min*

Enjoy pure romance moments relaxing together in a Spa Suite prepared for special moments. This ritual was designed for those who wish unforgettable moments. Begins with a welcome ritual followed by massage, combined with vichy shower.

*Suggestion:*

- *Welcome ritual, hot stones massage, Brazilian Treasures facial. 120 min*
- *Welcome Ritual, Deep Tissue massage and vichy shower. 100 min*

# GROUPS & EVENTS

## PARTY & CELEBRATION

*Upon request*

Delivers your message with five senses.

Change! Make your next festive event where guests mix massages and manicures with conversation and refreshing teas and juices. It's a high-tech high-touch, experience that puts people into a receptive mood for your message and brand.

- Product launches to consumers, trade, VIP clients and/or the press
- Promotional event and/or incentive to heighten brand awareness
- PR outreach in key markets to generate media buzz
- Corporate Incentive for key employees, clients or accounts
- Coffee-break event for sales reps, doctors, lawyers and finance experts or key customer prospects

## RELAX HAPPY HOUR

*A la carte & groups*

Relax and celebrate with your friends these special moments with a special program. Free choice of 50 minutes treatments plus spa manicure and pedicure.

## FIVE SENSES MARKETING

*Upon request*

Allows you to create and brand your event from concept and design through spa treatments and staff as wellbeing connection. Services include:

- Event concept & branded integration
- Event budgeting
- Spa layout & event flow
- Spa design, decor & treatment furnishing
- Aromas & music
- Event staffing & uniforms
- Spa equipment & supplies
- Custom spa treatment creation

## SPA KIDS PARTY

*Upon request*

Special occasions demand special celebration. Accomplish the dream of a full day spa for your kids and their friends. A unique combination of different face, body, hands and feet treatments can be experienced in three hours. A spa bar with healthy options will be assembled for your guests tasting.

*#unforgettablemoments*

## SPECIAL PACKAGE FOR BRIDE

This exclusive Spa Suite, full of pampering, choose from a range of beauty treatments designed to leave you even more beautiful, relaxed and with a sense of peace in your wedding day.

### ONE WEEK BEFORE

Make up consultation, consultation and hair brush facial complete with cleansing, deep hydration and care for the eye area and cheeks. Hydration and brush hair.

### UNTIL TWO DAYS BEFORE

Full body treatment including welcome ritual with exfoliation and Vichy shower. Three special applications for the body: skin moisturizer masks, masks for silhouette in selected regions of the body, moisturizing mask for the neck and bust area. Spa manicure and pedicure.

### ON YOUR WEDDING DAY

Exclusive massage, complete hairstyle and make up.

## SPECIAL PACKAGE FOR GROOM

A selection of services dedicated to men only. Retreat to the tranquility of the spa to relax and prepare for the wedding day.

### UNTIL ONE DAY BEFORE

Complete facial care that includes shaving, cleansing the pores, facial massage and deep moisturizing to leave skin beautiful and healthy. Spa maninure and pedicure.

### ON YOUR WEDDING DAY

Exclusive massage preceded by Vichy shower to invigorate body and mind.

## WEDDING GUESTS

Thinking beyond the traditional celebrations allow the spa to take care of your guests before, during or after the ceremony.

### BEFORE OR AFTER THE WEDDING DAY

Intensive spa experience with 2-hours massage that combines our exclusive and carefully selected scents with full face designs.

### SPA BAR

An area totally dedicated to the guests to relax your feet with a moisturizing bar with ingredients from different parts of the world.

### TAILOR-MADE CELEBRATIONS

Make your be bachelorette party with us. An event exclusively for women. Our management can compose a selection of services, prices and amenities just for you. Check about options of days.

## HAIR SALON

Shampoo  
Short Hair Blow Dry  
Medium Hair Blow Dry  
Long Hair Blow Dry  
Moisturizing 1  
Moisturizing 2  
Moisturizing 3  
Moisturizing 4  
Brazilian Blow Dry  
Mega Hair Blow Dry  
Hairstyles  
Hair Cutting Woman  
Hair Cutting Men

## WAXING

Upper Lip  
Beard  
Under Arm  
Arm  
Stomach  
Bikini Simple  
Brazilian Bikini  
Half Leg  
Whole Leg  
Back  
Chest  
Banho de Lua Half Leg  
Banho de Lua Whole Leg  
Banho de Lua Belly

## NAILS

Manicure  
Pedicure  
Nail Varnish Hands  
Nail Varnish Feet  
French Nails

## MAKE UP

Make Up  
Make Up with Eyelashes  
Clean Eyebrow

## FITNESS

Private Class  
Pilates Class  
Membership day  
7 days  
14 days  
21 days  
Monthly *New You (all inclusive\*\*)*

## CHECK IN

Please arrive at least 30 minutes before your treatment to change your clothes and enjoy the thermal spa suite. The treatment time won't be extended if there's any delay in arriving at the spa. The full service will be charged.

## CANCELATION

Please, in consideration to other guests, inform spa reception with at least 8 hours anticipation if you have to cancel your appointment, to avoid the charge of the full service.

## APPOINTMENTS

We recommend to make your appointment in advance to ensure the day and time of your preference. Reservations, can be made through phone or at the spa reception.

## AMENITIES

Robes, slippers and towel are available when using the spa. If you want to keep any of them, it'll be charged at the check out.

## JEWELRY AND VALUES

Please keep your jewelry and values in your apartment's vault before coming to the spa. The spa won't be liable for loss of personal belongings.

## INFO & RESERVATION

 (21) 3501-8000 extension 7896

 [joyrio@spacollection.com.br](mailto:joyrio@spacollection.com.br)

 Open Daily: 9 a.m. to 10 p.m.