

Spa Etiquette

ARRIVAL TIME

If this is your first visit with us, please arrive 30 minutes prior to your scheduled time, so that you may relax and unwind before your treatment.

LATE ARRIVALS

We regret that arriving late will decrease the time of your treatment but you will still be charged the full price. Scheduled treatments must end on time so that the next guest is not delayed.

CANCELLATION POLICY

Please remember that our team works by appointment times. Should you need to cancel your appointment, please call a minimum 6 hours prior to your booking time. Otherwise, a charge of equal to 50% of your treatment fee will be applied.

WHAT TO WEAR

You may wish to wear your own bikini and briefs, or we can provide you with hygienic disposable underwear. Our therapists use draping techniques to respect your privacy.

SHOWER

A quick shower just before your treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with essential oils. Your therapist will pick you up from the locker room or relaxation lounge.

WHAT ABOUT MY VALUABLES?

Please avoid bringing valuables to The Spa. Lockers are provided for your use but The Spa will not accept responsibility for any loss incurred.

PERSONAL PREFERENCES

We definitely encourage a personal touch. It is your time and you should enjoy the experience to the fullest. Whether it is the room temperature, lights or massage pressure, please ask your therapist to adjust to suit your needs.

SHAVING BEFORE FACIAL TREATMENT

We recommend that men shave a few hours before their facial appointment rather than immediately before.

FOR PREGNANT WOMEN

Please contact our spa receptionists for advice on treatments that are safe to enjoy during pregnancy.

CHILD POLICY

The Spa is not suitable for children under 16 years of age and entry will not be permitted.

HILTON RAS AL KHAIMAH RESORT & SPA

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The Spa

DISCOVER AN OASIS OF CALMNESS AT THE SPA

**EMBRACE THE HEALING POWERS OF THE FOUR
ELEMENTS WITH OUR VARIETY OF
REJUVENATING TREATMENTS**

Open Daily: 9:00 AM to 9:00 PM

Located next to the Tree House & Beach Club building

BODY MASSAGES

SIGNATURE MASSAGE 60 minutes AED 370

Our Signature Massage is a combination of thai stretching techniques together with pressure point and relaxing movements to help ease those unwanted knots and tension

HOT STONES 75 minutes AED 440

Ease away your tension from head to toe with our Hot Stones massage, a perfect way to relieve the jetlag feeling or if you just need to unwind

DEEP TISSUE 75 minutes AED 465

Your aches and tension will melt away when our scented warm towels are applied on you body, followed by a deep tissue massage

ROYAL THAI 75 minutes AED 465

Experience a traditional massage where our therapist uses a combination of accupressure and yoga-like techniques that will help improve muscle flexibility and balance your mind, body and spirit

CLASSIC SWEDISH 60 minutes AED 330

This experience will enhance the circulation in the body by using various massage strokes leading your body to comfort and ease

MOTHER-TO-BE 60 minutes AED 370

A pampering experience for you and your developing baby, will leave you with a sense of calmness and relaxation

COUPLES MASSAGE 60 minutes AED 685

Enjoy quality time together while experiencing our relaxing couples massage

QUICK ESCAPES

The quick fix for those unwanted aches

HEAD, NECK & SHOULDER MASSAGE 30 minutes AED 185

BACK, NECK & SHOULDER MASSAGE 30 minutes AED 185

FULL BACK 30 minutes AED 185

FOOT MASSAGE 30 minutes AED 185

BODY SCRUB 30 minutes AED 195
Exfoliate to leave your skin feeling smooth and moisturized

BODY WRAP 30 minutes AED 195
Experience our soothing and hydrating body wrap

MOROCCAN HAMMAM

MOROCCAN BATH 60 minutes AED 345

A traditional Moroccan treatment experienced in the warmth of the Hammam where your body is washed with warm water, cleansed and purified with our natural products. Enjoy also a scalp massage.

SPA SIGNATURE PACKAGES

BLISSFUL JOURNEY 90 minutes AED 450

Indulge in a 45 minutes full body moroccan scrub followed by a relaxing 45 minutes full body massage to leave you feeling in pure bliss.

PURE SERENITY 90 minutes AED 465

Pamper yourself with a relaxing 60 minute full body massage and finish off with a express facial to leave your skin silky soft and refreshed

ESSE FACIALS

EXPRESS FACIAL 30 minutes AED 200

Experience a glow-go for our express quick cleanse facial

HYDRATING FACIAL 60 minutes AED 350

Replenish dry, parched skin and plump fine lines with this moisture infused facial. This super hydrating treatment saturates your skin with moisture and leaves you with a plump, dewy complexion. Deeply hydrating molecules penetrate the skin's surface to plump out fine lines from the inside. Probiotics and botanicals restore the barrier of the skin ensuring moisture is locked in. The power of pure ingredients and probiotics are demonstrated in this facial leaving your skin feeling new and revived!

ANTI-OXIDANT FACIAL 60 minutes AED 330

An anti-oxidant rich facial to replenish and repair the skin leaving it looking and feeling revitalized and rejuvenated. This super antioxidant facial will cleanse, exfoliate and hydrate dull skin to restore firmness, increase elasticity and leave your skin with a healthy radiant glow.

ANTI-AGEING FACIAL 60 minutes AED 380

The Esse Anti-Ageing Facial incorporates the world's most advanced Probiotic Anti-Ageing Products in an intense treatment that corrects the signs of ageing and protects your skin against the damaging effects of time. A double cleanse and deep exfoliation process using natural fruit enzymes dissolves dead skin cells to refresh and smooth the skin's surface.

SPA FACILITIES

SAUNA / STEAM / JACUZZI

External guests AED 120

Complimentary for guests staying at the resort