emerge brighter
eforea spa at Hilton San Diego Bayfront is a place like no other where you will reconnect with self and emerge brighter. Our Essentials and Escape Journeys feature both results-oriented and locally inspired therapies.

Signature to eforea spa are the Journey Enhancements, powerful mini treatments that are added to your existing services or enjoyed by themselves. These treatments have been specially designed for eforea and introduce guests to special, commonly unexperienced techniques from the most fabled spa cultures around the world.
head & face
25MIN $65
Find clarity. This illuminating experience draws from mystical practices of ancient Indian massage and powerful Thai therapies.

shoulder, neck & scalp
25MIN $65
Lighten your load. This deep relaxation experience draws from Chinese acupressure, modern science of trigger point therapy, and traditional methods of Swedish massage.

feet
25MIN $65
Ground yourself. This foot and legs experience combines the richness of ancient Egyptian reflexology with spiritual concepts of Native American healers.

bundle
75MIN $55 each
Skin Authority leads in a new category of skin care, re-imaging proven technologies, while leveraging biotechnology and topical superfoods into products that transform the appearance of skin. These powerful products show immediately visible change and lasting results without using dyes, parabens, added fragrances, or animal cruelty.
**face**

**Skin Cleansing Facial**
- **Duration:** 50 min
- **Price:** $130
- **Duration:** 80 min
- **Price:** $190

This facial delivers targeted results, correcting problem concerns such as oily congestion, sun damage, fine lines and uneven skin tone.

**Intense Hydrating Facial**
- **Duration:** 50 min
- **Price:** $130
- **Duration:** 80 min
- **Price:** $190

Using customized hydration for your skin type, this facial offers gentle cleansing, exfoliation, and cream application to nourish and hydrate dry skin.

**Sensitive Skin Facial**
- **Duration:** 50 min
- **Price:** $130
- **Duration:** 80 min
- **Price:** $190

Designed for sensitive skin, this facial uses gentle healing techniques to help soothe, protect and rebuild skin affected by the environment, rosacea, medical peels, and laser treatments.

**Anti-Aging Facial**
- **Duration:** 50 min
- **Price:** $200

This highly effective facial reduces the appearance of fine lines and wrinkles while hydrating, strengthening, and visibly firming the skin.

**Custom Facial**
- **Duration:** 50 min
- **Price:** $135
- **Duration:** 80 min
- **Price:** $195

Just for you! A specialized treatment completely customized to provide optimal results for every skin type. This facial also includes a masque and a relaxing neck and shoulder massage.

**massage**

**Sea Stone Massage**
- **Duration:** 80 min
- **Price:** $190

Take time to relax with this massage using the therapeutic properties of heated basalt stones and Swedish massage strokes to penetrate tight muscles, improve circulation, and promote a deep sense of well-being.

**Custom Massage**
- **Duration:** 50 min
- **Price:** $135
- **Duration:** 80 min
- **Price:** $195

A specialized massage designed to provide optimal results for your body’s unique needs. This customized blend of Swedish, Deep Tissue, and Therapeutic techniques helps fight fatigue, release tension, and restore vitality.

**Sports Massage**
- **Duration:** 50 min
- **Price:** $135
- **Duration:** 80 min
- **Price:** $195

A customized deep pressure massage designed to relax and optimize muscle response. Deep kneading eases tension while stretching and mobility enhancing techniques promote flexibility and healing for increased recovery time.

**Pea in the Pod Massage**
- **Duration:** 50 min
- **Price:** $130
- **Duration:** 80 min
- **Price:** $190

Beginning in the second trimester and throughout the remainder of the pregnancy, this specialized massage eases soreness and pain, while allowing for a moment of much needed relaxation.

**body**

**Radiant Glow Body Polish**
- **Duration:** 50 min
- **Price:** $130

Emerge brighter! A unique blend of sea salt, sugar, shea, and coconut oil exfoliate and hydrate your skin in this full body deep exfoliation treatment.

**Skin Firming Body Treatment**
- **Duration:** 80 min
- **Price:** $210

Smooth and polish your skin with improving elasticity products. Micro-current technology stimulates the muscle and visibly helps tone, tighten, firm and lift for a more contoured silhouette.
**Fruit and Flower Massage**

Nurture a tired spirit with this invigorating treatment. A heated poultice of medicinal fruits, flowers and herbs is used to relieve muscle tension and exhilarate the mind.

**Sensory Indulgence Massage**

A unique multisensory journey that incorporates blended massage enhanced with hot stones, acupressure, tension release balm, and soothing aromatherapy infused with 6 organic flower essences. This treatment will stimulate the senses, relieve pain and tension, and induce ultimate relaxation.

**Honey and Milk Wrap**

Rich in nutrients and antioxidants, this replenishing natural body wrap soothes and hydrates dry or sundamaged skin while also improving skin tone and elasticity.

**Champagne of the Sea**

A frothy seaweed based mud self-heats to cleanse impurities, stimulate reflex zones, and activate blood circulation in this detoxifying body treatment. This treatment concludes with an ultrarich moisturizing body cream massage.

**California Zen**

An intensive shea butter treatment brings healing to the body using a Zents proprietary blend of 6 stress-busting California farmed organic flower essences. This treatment includes a scrub, wrap, hot oil scalp ritual, and hydrating shea butter massage.

**Bayfront Escape**

Take a breath and escape the stresses of your day with this restorative package. Draw upon the healing elements of the sea with our Champagne of the Sea Body Treatment, and finish with a relaxing Classic Manicure & Pedicure.

**Urban Sanctuary**

Experience a taste of urban paradise with this 3-hour package. Release tension with a 50-minute Custom Massage, exfoliate and brighten skin with our Radiant Glow Body Polish, and quench dehydrated skin with a 50-minute Intense Hydrating Facial.

**Ultimate Rejuvenation**

Rejuvenate your entire body with this ultimate Eforea Spa experience. Melt tension away with our 80-minute Sensory Indulgence Massage, revitalize skin with our 80-minute Custom Facial, and complete the experience with our Indulgence Manicure and Pedicure.
The Zents story is about making the impossible, possible. It’s about everyday miracles. It’s about you. Zents collections are born from the healing journey of the company’s founder. The formulas are clean, the scents are gentle, and the products are soul-inspired experience of wellness and healing.
CANCELLATION POLICY
Treatment times are reserved especially for you. We kindly request that cancellations or changes be made 24-hours in advance of your appointment time. A 50% charge will be applied to your credit card for failure to follow this policy. All no-show appointments will be charged in full.

SPA ATTIRE & ETIQUETTE
We will provide you with a spa robe, sandals, and a private locker for your personal belongings. Please do not bring jewelry and other valuables with you. Undergarments are not necessary but can be worn if preferred. Our therapists are trained to properly drape any part of the body not being treated.

In order to preserve a relaxing environment for all of our guests, please leave cell phones on silent during your visit with us.

MINIMUM AGE
The minimum age requirement for access to the spa and fitness facilities is 16. A parent liability waiver is required for anyone under the age of 18 receiving a treatment.

SERVICE CHARGE
For your convenience, a 20% service charge will be added to your service for your therapist and support staff. Upon checkout, you are welcome to adjust this as you wish.

GIFT CERTIFICATES
Gift cards may be purchased by the treatment or dollar amount for services and products.

PRIVATE EVENTS & PARTIES
We would love the opportunity to host your group or special event and are able to customize packages to fit your needs. Please inquire for my details.