

Fresh Juice

Veggie Garden

Cucumber, Celery, Carrot, Tomato, Spinach, Green Capsicum, Parsley

Detox Zinger

Apple, Celery, Cucumber, Ginger, Lemon

Cleansing Cocktail

Apple, Beetroot, Carrot, Celery

Sun-kissed

Pineapple, Cucumber, Apple

Be Strong

Turmeric, Carrot, Orange, Apple, Pineapple, Lemon

Lifesaver

Beetroot, Apple, Carrot, Lemongrass

Nutro-tang

Kiwi, Raspberry, Watermelon

Hot Beverage

Puro Sustainable & Fairtrade

Freshly Brewed Coffee / Single Espresso

Cappuccino / Double Espresso

Latte / Macchiato

Hot Chocolate

TWG Tea Selection

Organic: Jasmine Imperial

Other: Chamomile / Earl Grey /

English Breakfast / Moroccan Mint

Bottled Beverage

Mineral Water

Evian / Badoit

330ml / 750ml

7 / 11

9

Smoothie

Very Berry

Orange Juice, Yoghurt, Banana, Strawberry

Energizer

Banana, Date, Chia Seed, Himalayan Salt, Peanut Butter, Almond Milk

The Big Lift

Banana, Orange Juice, Spirulina, Raw Honey, Almond Milk

Banana Cashew

Banana, Raw Cashew, Date, Cacao Nib, Vanilla, Greek Yoghurt

Strawberry Chia

Greek Yoghurt, Strawberry, Banana, Agave, Chia Seed

Mango Passion

Greek Yoghurt, Mango, Passion Fruit, Banana

Recovery Smoothie

Boost Your Workout Recovery

Protein & Nuts

Almond Milk, Banana, Almond Butter, Cinnamon, Cocoa Nibs, Whey Protein

Berry Protein

Coconut Milk, Banana, Berries, Whey Protein, Vanilla

10

11

Dessert

Flourless Chocolate Cake

14

Japon A La Fraise

Japanese Flour Baked Sponge, Fresh Strawberries with Light Crème Chantilly

8

Grab-and-go Healthy Snack Bar

No-bake Almond Quinoa Bar

Coconut Oil, Quinoa Flakes, Chopped Almond, Dates, Rice Malt Syrup, Sea Salt & Vanilla Paste

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Gluten-free

Our food may contain traces of food allergens. Kindly approach our service team if you have any special dietary needs or food allergies.

Prices are subject to 10% service charge and GST.

Our menus are all printed on recycled paper 