

# INDOOR WINTER ACTIVITIES

*Discover the fun side of you!*



## Birdhouse painting

Paint your own birdhouse at this creative workshop. Are you going for calm and solid colors to make it look like home or for bright and colorful colors for the woody woodpecker? You decide how your birdhouse will look like. Let the creativity flow!  
as of €29.50 p.p.



## Who is the meat-head?

'Who's the meat-head?' is a unique game that tests each and everyone's knowledge about food, drinks, countries and traditions. The teams will receive several challenging tasks that will test and reveal their knowledge about food and drinks in general.  
as of €42.50 p.p.



## Pub quiz

At the Pub quiz, you and your colleagues are divided in teams of 4-5 people. Next, the teams get questioned by an enthusiastic quiz-master for two hours with all kinds of questions. Find out who is the most fanatic or enthusiastic colleague!  
as of €19.50 p.p.



## Bubble-soccer

Bubble-soccer is a team sport officially played with 10 players in a team. Each player 'wears' an inflatable ball from knee to head. Bounce like a kid again from one side to the other and have no fear to fall on the ground! Bounce with your team to score and win the game!  
as of €17.50 p.p.



## Indoor yoga

Tired after a long day filled with meetings and work? Balance your mind, your body and your soul, as you bend and stretch through simple moves. Have a mindful break after your meeting together with your colleagues and relax with the positive vibes of yoga.  
as of €10 p.p.



## Boys vs girls

The famous quiz between boys and girls. What do the girls think of the boys and what do the boys think of girls? Get to know your colleagues better with these hilarious questions about the opposite gender, while you are discovering everyone's funny side!  
as of €10 p.p.

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With such a wide range of choices for your team's activities, you will always have a different experience to share. Even if it's raining or cold outside you can discover all the options for a memorable day with your colleagues. Explore your creative side, find out the chef in you, stay active or balance your body and mind.

*Teamwork makes the dream work!*

## Endless Possibilities at Hilton Royal Parc Soestduinen

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### Typical Dutch games

When you visit The Netherlands you must explore the Dutch traditions! Do you want to discover which Dutch games have been popular in The Netherlands for centuries? Have some fun with your colleagues and play the Dutch games during your break!  
as of €10 p.p.



### Aquarobics

If you are fond of fitness and you also like swimming, then this activity is ideal for you and your team. Have some splashing time with your colleagues! Plus, working out in the water is one of the most therapeutic activities one can take part in.  
as of €12.50 p.p.



### Circuit training

If you think muscles are just for meat-heads or gym rats, think again! Did you know that just 30 minutes of exercise a day can make you a genius? With this high intensity course you will train your entire body. Get ready for some serious workout. You will feel re-energized!  
as of €12.50 p.p.



### Chocolate workshop

Are you a chocolate lover? Indulge yourself in a chocolate workshop. Work together with your team and learn step by step how to make your own chocolate, from the tempering of the chocolate to its final removal from the mold. And of course a tasting afterwards!  
as of €35 p.p.